

Parks & Rec **Connected**

**A COMPLETE GUIDE TO *FAIRFAX CITY*
EVENTS, ARTS, PROGRAMS, AND PARKS**

WINTER/SPRING '22



ELITE SPONSORS
FAIR CITY MALL



GIVING TREE • PG 12
WINTER BREAK CAMPS • PG 14
SENIOR FITNESS • PG 27-28



Parks & Recreation
fairfaxva.gov/parksrec

Parks & Rec Connected

Dear City of Fairfax Resident,

It's hard to believe that 2021 is wrapping up, and 2022 is just around the corner!

Our Winter/Spring 2021-22 Parks and Rec Connected can help get us all through the winter months and into the promise of spring again. It's full of classes, programs, and events for all ages and interests. We hope you find something that interests you, whether it's our new events such as Arts Demo Day on April 30th or Fairfax Uncorked on May 7th, a wine, and jazz event at Historic Blenheim, or perhaps welcome back a missed event, Beer in the Burbs! Of course, don't overlook the return of the Chocolate Lover's Festival the first weekend in February.

Looking ahead, we have some very exciting projects coming to the City of Fairfax Parks and Recreation and community engagement will be needed from our residents! Select projects will be featured on the City's new platform Engage Fairfax. Engage Fairfax is a new way for Fairfax City residents to participate in projects of interest virtually. On the Engage Fairfax website, you can select a project, learn more, and then provide your feedback using the interactive tools!

Remember to use our wonderful city parks throughout the winter and spring. They are a great place for both passive and active pursuits. Many of our city trails were recently rehabbed so your walks, runs and biking should be a smoother experience! We also appreciate that as you use our parks that you identify and notify us of any issues. You can do this simply online using Fairfax City Resolve - go to our website fairfaxva.gov and select 'Report' on the homepage!

We all wish you and your families a safe and happy holiday season and new year!

Warm Regards,

Cathy Salgado

Cathy Salgado, Director of Parks and Recreation

MAYOR & COUNCIL



MAYOR

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david.meyer@fairfaxva.gov



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sang.yi@fairfaxva.gov

PARKS & RECREATION ADVISORY BOARD (PRAB)

- Sarah Ross, *Chair*
- Brian Knapp, *Vice-Chair*
- Michael Anderson
- Tatum Anderson, *Student Representative*
- Jon Buttram, *Co-School Board Representative*
- Brian Cipriano
- Amir Eftekhari, *Planning Commission Representative*
- Pat Gallagher, *Commission on the Arts Representative*
- Diana Gibson
- Kim Luckabaugh
- Carolyn Pitches, *Co-School Board Representative*
- Zinta Rodgers-Rickert

PARKS & RECREATION LOCATIONS

GENERAL INFORMATION:

Phone: 703-385-7858
Fairfaxva.gov/ParkRec
parksrec@fairfaxva.gov

CITY HALL

10455 Armstrong St. Suite 123, Fairfax, VA 22030

Hours: Mon-Fri, 8:30am - 5pm

Phone: 703-385-7893

Staff:

- **Cathy Salgado**, Parks and Recreation Director
cathy.salgado@fairfaxva.gov
- **Jamie Dodson**, Administrative Services Coordinator
jamie.dodson@fairfaxva.gov
- **Megan DuBois**, Cultural Arts Manager
megan.dubois@fairfaxva.gov
- **Mitzi Taylor**, CPRP, Events & Athletic Manager
mitzi.taylor@fairfaxva.gov
- **Deanna Payne**, Special Events Coordinator
deanna.payne@fairfaxva.gov
- **Richard Wyant**, Athletics Supervisor,
richard.wyant@fairfaxva.gov

STACY C. SHERWOOD CENTER

3740 Old Lee Highway, Fairfax, VA 22030

Hours: Mon-Fri, 8:30am - 8pm, Sat, 9am - 4pm

(Open evenings and Sundays for scheduled events)

Phone: 703-385-1695

Staff:

- **Karen Lussier**, CPRP, Recreation Manager
karen.lussier@fairfaxva.gov
- **Katie MacCammon**, CPRP
Community Programs Coordinator,
katherine.maccammon@fairfaxva.gov

OLD TOWN HALL

3999 University Dr., Fairfax, VA 22030

Hours: Currently closed for public hours.
 Please call 703-385-7858 for appointment.

GREEN ACRES CENTER

4401 Sideburn Road, Fairfax, VA 22030

Hours: Mon-Fri, 8am - 5pm

(Open evenings and weekends for scheduled events)

Green Acres Fitness Room Hours

Mon-Thurs, 5 - 9pm; Sat-Sun, 9am - 2pm

Phone: 703-273-6090

Green Acres Staff:

- **Anne Chase**, CPRP, Recreation & Senior Center Manager,
anne.chase@fairfaxva.gov
- **Kathy Carter**, Recreation Assistant
kathy.carter@fairfaxva.gov

Facility Rentals Staff:

- **Brianne Baglini**, CPRP, Operations Manager,
brianne.baglini@fairfaxva.gov
- **Kaveh Tajalli**, CPRP, Facilities Coordinator,
kaveh.tajalli@fairfaxva.gov

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- **Christopher Fleming**, Supervisor,
christopher.fleming@fairfaxva.gov
- **Demetric Willingham**, Supervisor,
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WINTER/SPRING REGISTRATION OPENS DECEMBER 6



PARKS & REC CONNECTED PUBLICATION:

Winter/Spring-January through April
 Summer-May through August
 Fall-September through December



WE APPRECIATE YOUR FEEDBACK!

Please contact our office at 703-385-7858 or email
 parksrec@fairfaxva.gov



CAPRA ACCREDITATION

The Fairfax City Parks and Recreation Department is a National Parks and Recreation Association accredited agency proving the highest level of service to our community. There are only 183 accredited CAPRA departments nationwide.

STAY CONNECTED WITH US ON SOCIAL MEDIA!



CityFFXParksRec



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CityFFXParksRec



CityofFairfaxVA

Happenings

Payne is our Gain!

Welcome to the Team Deanna!

Deanna Payne joined the Fairfax City Parks and Recreation Department team as the new Special Events Coordinator in the fall of 2021. Deanna is a native and was born and raised in the City of Fairfax with her two younger siblings.

She graduated from Ithaca College, NY with a Bachelor of Music in Vocal Performance and Dance Minor. After college, she headed out west and performed with Opera San Jose in San Jose, CA for three years. During this time, Deanna also worked as a receptionist and a music teacher.

Recently, she moved back to the area to be closer to family and began working as an intern at the Parks and Recreation department under the Cultural Arts division before being hired for the Special Events Coordinator Position.

Deanna enjoys spending time with her family while playing card games, exploring in nature, dancing, art projects, and snuggling down with her cats, a hot cup of tea, and a good movie!

We are very excited to have Deanna Payne as a part of the team and she is excited to be able give back to her hometown community!



COVID-19 GUIDELINES

The City of Fairfax follows the guidance of the Centers for Disease Control and Prevention (CDC) and Fairfax County Health District (FCHD).



Feeling Sick?

Stay home and avoid contact with others.



Face Coverings

Must be worn by everyone regardless of vaccination status.

For any questions regarding Fairfax City and COVID-19 updates, please visit our website.

FAIRFAXVA.GOV

COVID-19 Guidelines in Fairfax City

Our facilities are back open and ready for patrons!

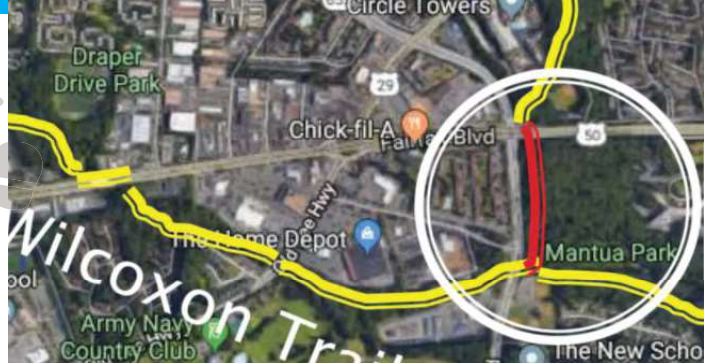
We continue to follow the guidance of Virginia Governor's office Virginia Forward guidelines and the Centers for Disease Control and Prevention (CDC) as well as other trusted sources.

We ask that if you are not feeling well or exhibiting any symptoms of COVID-19 to please stay home.

Fairfax City requires that masks be worn in all Fairfax City municipal buildings regardless of vaccination status to keep all of our patrons safe! This includes our Parks and Recreation community centers, rental facilities, and City Hall Offices.

We are doing our best to keep our patrons safe, so events and programs are subject to change due to COVID-19 concerns or new guidelines.

Pickett Road Connector Trail: *The Missing Link*



At just less than a quarter mile long, the Pickett Road Connector Trail (funded and in design) is an important missing link in the city's trail network. The new trail will connect more than 40 miles of regional trails, providing safe, off-street access to public transit, shopping and dining areas, employment centers, and parks.

Running north/south between Thaiss Memorial Park and the intersection of Fairfax Boulevard and Pickett Road, the new trail will connect the Wilcoxon and Cross-County Trails to the City of Fairfax Connector Trail, which leads to the Vienna/Fairfax-GMU Metro Station.

The 10-foot-wide, fully-accessible trail will provide a safe alternative to the narrow sidewalk along busy Pickett Road. Walkers and joggers, cyclists, and parents with strollers will enjoy the smooth, level surface interspersed with sections of boardwalk over wetland areas. The trail alignment was selected to minimize environmental impacts and create a memorable experience for trail users.

The estimated total cost for this project is approximately \$6 million. The city was awarded funding from Virginia Smart Scale, a federal funding source for improving bicycle and pedestrian trails, highways, and Park and Ride facilities, and expanding transit and rail capacity.

Keeping up with the City: *Engage Fairfax!*

Engage Fairfax is a new way for Fairfax City residents to participate in projects of interest. On the Engage Fairfax website you can select a project and learn more and then provide your feedback using the interactive tools!

Why is the City engaging residents online? You lead a busy life. Attending a public meeting or submitting written comments to local government can be time consuming and inconvenient, and maybe even a little intimidating. Engage Fairfax provides an easy way for you to share ideas, stories, and comments about issues and projects that are important to you. You can also see what other community members think about an issue or topic, respond with your own views, and engage in a discussion.

Keep your eye out on Engage Fairfax for some exciting upcoming select Parks and Recreation projects that we need your feedback for!

engage.fairfaxva.gov

Special Events

NOTICE:

EVENTS MAY BE CANCELLED OR RESCHEDULED DUE TO COVID RESTRICTIONS. PLEASE CHECK WEBSITE FOR MOST UP TO DATE INFORMATION.

FESTIVAL OF LIGHTS & CAROLS



Sponsored by:

FAIR CITY MALL

Date: Saturday, December 4, 12noon–6pm
Old Town Square, 10415 North Street
Free Admission

Holiday Festivities • 12NOON – 6PM

Come listen to live holiday music, crafts and enjoy s'mores and hot cider at Old Town Square

Tree Lighting Ceremony • 5:30PM

Come enjoy caroling and lighting of the Christmas at Old Town Square at 5:30 pm.

For more information, call 703.385.7858 or visit fairfaxva.gov/specialevents

LUNCH WITH SANTA



Sponsored by:

FAIR CITY MALL

Date: Saturday, December 11,
Seating Times: 11am, 12noon, 1pm
Old Town Hall, 3999 University Drive
\$6 per child (No fee for adults)

Children ages 10 and under can enjoy lunch with Santa at the Old Town Hall.

Tickets will go on sale Nov. 1 at the Parks & Recreation office at City Hall, Green Acres Center, Sherwood Community Center or online. Limit of 10 tickets per person.

VOLUNTEERS NEEDED FOR SPECIAL EVENTS

The City of Fairfax is looking for volunteers that would be interested in working a variety of special events in the city to include the 4th of July Parade, Fall Festival and Holiday Craft Show.

A small-time commitment (2 or more hours) is requested to help with administration duties prior to an event and working the actual event (crafter check in, information gate worker, activity leader, balloon handler, costume character, etc.).

Please contact us at 703.385.7949 or specialevents@fairfaxva.gov for more info.

2022 CRAFT & BUSINESS VENDOR APPLICATIONS



Fall Festival (October 8, 2022) and Holiday Craft Show (November 19 & 20, 2022) vendor applications will be available the beginning of January. Both shows are juried. All work must be original, handcrafted art and craft items produced by the vendor and must be representative of items juried. Food vendors must submit a food vendor proposal to apply for participation. **Application deadline is March 17, 2022.**

To receive an application please visit fairfaxva.gov/vendors, email specialevents@fairfaxva.gov, or call 703-385-7858.

4th Annual
**HOLIDAY
MARKET**
at Old Town Square
10415 NORTH STREET, FAIRFAX



Join us for the Annual Fairfax City Holiday Market in
Old Town Square, 10415 North Street!

Come and shop at the market of artisans as you enjoy live
holiday music, hot drinks and gourmet treats.

Event updates and a full list of vendors for the
Holiday Market can be found on our website at
fairfaxva.gov/specialevents

**First Two Weekends
of December**

December 3 - 5
December 10 - 12

Market Times

Fridays: 5:00pm - 8:00pm
Saturdays: 12:00pm - 6:00pm
Sundays: 12:00pm - 5:00pm

♥ **CHOCOLATE LOVERS FESTIVAL** ♥



February 4 - 6, 2022

The Chocolate Lovers Festival will be held
Feb. 4-6, 2022 in historic Old Town Fairfax.
The Chocolate Lovers Festival committee is currently
looking for chocolate vendors, chefs and chocolatiers
to participate in the event.

FULL EVENT DETAILS: CHOCOLATEFESTIVAL.NET

LIQUID CHOCOLATE

Kick off the best weekend of the
year in Fairfax City with all of the
liquid chocolate your heart could
desire! This heated tent will host
different types of chocolate soda,
chocolate wine, chocolate beer, hot
chocolate, desert wine pairings,
chocolate milk and more! Free
admission; alcohol tasting, \$2;
non-alcohol tasting, \$1.

CHOCOLATE CHALLENGE

Applications to participate in the
Chocolate Challenge are being
accepted. The Challenge is a
two-day display of donated,
chocolate creations by both
amateur and professional chefs
and chocolatiers. Both judges and
visitors to the event will have an
opportunity to judge the entries in
numerous categories.

TASTE OF CHOCOLATE

Applications for chocolate
vendors to participate in the Taste
of Chocolate at Old Town Hall are
being accepted. All accepted
participants shall have products
made from chocolate available for
tastes.

SPONSORED BY:  **HB Home
Services**
Licensed and Insured

Please visit chocolatefestival.net
to download the applications, or call
703.385.7949 for more information.

Special Events

NOTICE:

EVENTS MAY BE CANCELLED OR RESCHEDULED DUE TO COVID RESTRICTIONS. PLEASE CHECK WEBSITE FOR MOST UP TO DATE INFORMATION.

FAIRFAX UNCORKED



Date: Saturday, May 7

Time: 3-9pm

Location: Historic Blenheim, 3610 Old Lee Hwy, Fairfax

FEE: TBA - please see website about registration information

This NEW event is a Jazz and Wine Festival hosted by Fairfax City Parks and Recreation in conjunction with Spotlight on the Arts.

This event will be held on the beautiful historic grounds of Historic Blenheim. You will be able to taste and experience local wines and food vendors while you enjoy the smooth sounds of live jazz musicians!

Visit our website fairfaxva.gov/specialevents for more details and ticket information.

WHISKEY BASICS



Date: Saturday, April 16

Time: 3 - 6 pm

Location: Historic Blenheim, 3610 Old Lee Hwy

FEE: \$120 per 'pod' for up to 6 people; Pre-registration required.

Join us on the historic grounds of Blenheim in Fairfax City for our Whiskey Basics Event.

MurLarkey's Distiller will educate you through the various tastings offered as you and your 'pod' relax in your own igloo dome on the grounds of Historic Blenheim and the Civil War Interpretive Center. Enjoy a safe and distanced experience with you and your close 'pod' of family/friends.

Fee of \$120 includes whiskey tastings and a dome reservation for up to six people.

ROCK THE BLOCK



MARK YOUR CALENDARS FOR THE 2022 ROCK THE BLOCK SEASON!

MAY 27

JUNE 24

JULY 22

AUGUST 26

SEPTEMBER 23

OCTOBER 28

STAY TUNED FOR BAND ANNOUNCEMENTS!

Time: 6:30 - 9:30pm

Location: Old Town Square 10415 North Street, Fairfax

FEE: Free entry! Food and drink available for purchase.

ELITE SPONSORS - FAIR CITY MALL & HB HOME SERVICES

Fairfax City Parks and Recreation Department is pleased to announce Fair City Mall and HB Home Services as its Elite Sponsors. These sponsorships will help to offset expenses of the city's special events while providing marketing and promotional opportunities for Fair City Mall and HB Home Services year round through the recreation department's many programs and events. Fair City Mall website: faircitymall.com and HB Home Services website: hb-service.biz

FAIR CITY MALL



SPONSORSHIP OPPORTUNITIES

For opportunities to partner with the City of Fairfax through sponsorship, please visit fairfaxva.gov/ParksRec. Your organization can benefit from this comprehensive year round marketing package. For more info call 703-385-7858 or email specialevents@fairfaxva.gov

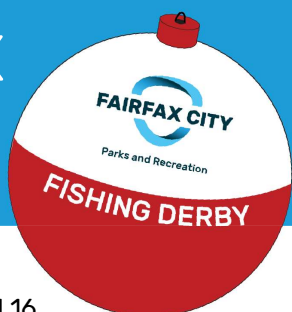
SPECIAL EVENT REQUESTS

Parties who wish to make a request to hold a special event on public property (i.e., block parties, community parades, festivals) in the City of Fairfax, must complete a Special Event Policy/Application form. The form can be found at fairfaxva.gov - search 'Hold Event'. The completed request form can be submitted to Mitzi Taylor, Event and Athletic Manager. All applications must be received at least 90 days prior to the requested date except for road-race requests, which will follow a new policy.

New policy for road-race requests: An annual deadline of July 1 will be set for all road-race request applications with an event date between January 1 through December 31 of the following year. A lottery will be held for all road-race applications submitted by the deadline date except those grandfathered in by the new policy.

For more information, please contact Mitzi Taylor at 703-385-7949 or email SpecialEvents@fairfaxva.gov

FAIRFAX FISHING DERBY



All Ages!

Date: Saturday, April 16

Time: 9am, 10:30am, 12noon

Location: Ashby Pond,
9817 Ashby Road, Fairfax

FEE: \$5 per fisher, per time slot.

Ashby Pond Conservatory will be well stocked with hundreds of trout. Please bring a fishing rod, bucket, plastic bag and ice. A limited quantity of fishing rods will be available on site to borrow. Bait will be supplied.

Volunteers will provide instruction, pond education, and fish cleaning.

Pre-Registration Required! Register at fairfaxva.gov/specialevents

FAIRFAX ANTIQUE CAR SHOW



Date: Saturday, May 14

Time: 10am - 3pm

Location: City Hall,
10455 Armstrong Street, Fairfax

FEE: Free!

Founded in 1997, the Antique Car Show is a joint effort of the City of Fairfax and the Northern Virginia Regional Group of the Early Ford V8 Club of America. The show draws a wide variety of vehicles that are more than 25 years old!

Come enjoy the day full of cars, food, blue grass music, car demonstrations and more!

More details about the event visit:
fairfaxva.gov/specialevents



BEER IN THE BURBS

SATURDAY, JUNE 4, 2021 • 12 NOON - 6 PM

OLD TOWN SQUARE • 10415 NORTH ST

• FREE ENTRY • BEVERAGES & FOOD FOR PURCHASE •

JOIN US FOR FAIRFAX CITY'S VERY OWN CRAFT BEER FESTIVAL!

This celebration of suds will be one of the region's biggest events that raises a mug to Virginia craft breweries — from Loudoun to Virginia Beach and from Roanoke to Richmond. We're showcasing more than 15 breweries for this family-friendly event in the perfect Old Town Square setting, with plenty of food trucks, live music and more.

SPONSORED BY: HB HOME SERVICES

Youth Programs

MUSIC TOGETHER SING AND GROOVE: BABIES

Ages: Infants under 8 months and parents/caregivers

Instructor: Music Together Sing and Groove Staff

Thursdays: Jan 27- Mar 17 (8wks),
12:15pm - 1pm

Location: Sherwood Center

FEE: \$202

It's never too early to start our music classes! Maybe you've noticed that your baby responds when you play a song in the car or sing to soothe him. Babies are naturally musical---and you don't have to be a great singer or dancer yourself to nurture their love of music. In this music class for babies, your teacher will show you how you can support your baby's music development through simple and fun activities. You'll learn lots of musical ways to connect with your little one through music while meeting other new parents and caregivers in your class. You'll receive a CD of the award-winning music used in class, a Babies class guide and a beautifully illustrated songbook with an access code to download the collection to your device using our Music Together app.

MUSIC TOGETHER SING AND GROOVE: MIXED AGES

Ages: Newborn - 6 years and parents/caregivers

Instructor: Music Together Sing and Groove Staff

Thursdays: Jan 13- Mar 17
Session A: 9:30 - 10:15am
Session B: 10:30 - 11:15am

Saturdays: Jan 8- Mar 12
Session A: 9 - 9:45am
Session B: 10 - 10:45am

Location:

Thursdays: Sherwood

Saturdays: Green Acres

FEE: \$242, second child \$200

Each week in Music Together® mixed-age classes, babies, toddlers, pre-schoolers, and the grownups who love them gather for 45 minutes of fun-filled family music time. Music activities range from lullabies to full-on jam sessions! You'll receive a CD of the award-winning music used in class, a growth chart displaying how your child might develop musically over semesters, a guide explaining why we do what we do, and a beautifully illustrated songbook with an access code to Music Together's online Family Music Zone to download the collection to your digital devices.

MUSIC TOGETHER SING AND GROOVE: RHYTHM KIDS

Ages: 4- 6 years and parents/caregivers

Instructor: Music Together Sing and Groove Staff

Thursdays: Jan 13 - Mar 17,
11am - 11:45am

Saturdays: Jan 8 - Mar 12,
11:15am - 12noon

Location:

Thursdays: Sherwood

Saturdays: Green Acres

FEE: \$242, second child \$200

In each weekly class, you and your child will drum, sing, move, and play to rhythms inspired by musical traditions around the world. As your child learns to think and create like a musician, they'll also gain confidence, focus, leadership and cognitive flexibility. Classes include: immersion in the musical language of many cultures, playful music games, deep exposure to complex, fun, and rockin' music. You'll receive a CD and songbook with an access code to Music Together's online Family Music Zone to download the collection to your digital devices. Bring a blanket to sit on, and each week we'll let you know what simple items to bring from home so you can play along in class. You'll want to bring a drum each week and this can be a drum, laundry basket, or box.



PRIVATE PIANO LESSONS

Location: Sherwood Center

Instructor: Joanne DiTorro

Fee: \$35/lesson (total 16 lessons for the session)

Ages: 7 years old +

When registering online or in office, you will have a choice of a half-hour time slot for your lesson on a first come, first served basis. Please see the Private Music Lesson policy posted on fairfaxva.gov/parksrec in regards to missed classes. A piano book supply fee is payable to the instructor upon coordination. Each student must sign the City of Fairfax Private Music Lesson policy at or before their first lesson.

This is a great opportunity to learn a new artistic skill or continue further developing one! Lessons will be one-on-one for 30 minutes each lesson. Private music lessons are offered for all ages and curriculum is 'tailor fit' to the needs of the student. The primary importance is that the student's needs are met. Face-to-face lessons provide the best foundation for any student by providing basic fundamentals and guidance on to fit the individual student's musical goals.

Day	Dates	No Class	Half hour lessons between
Tuesdays	Jan 4 - Apr 26	4/5	4pm - 6:30 pm
Wednesdays	Jan 5 - Apr 27	4/6	4pm - 6:30 pm



♥ BEGINNING SCOTTISH HIGHLAND DANCE

Ages: 6+ years and up
Instructor: Mercier School of Dance

Thursdays: Jan 6 - April 7, 5-7pm

Location: Green Acres

FEE: \$392 per session

Learn the traditional dance of the Scottish Highland chiefs in a fun and upbeat environment!

Passed down through the Highlands, and ferried across the oceans, you can trace the roots of Highland Dance to the lochs and glens of Scotland. The beginning dancer will learn the Sword Dance and Highland Fling, and be introduced to additional techniques required for group dances such as the Reel of Tulloch.

At the completion of the session, dancers will be eligible to audition for the competition team.

♥ ADVANCED SCOTTISH HIGHLAND DANCE

Ages: 10+ years and up
Instructor: Mercier School of Dance

Thursdays: Jan 6 - April 7, 7-8:30pm

Location: Green Acres

FEE: \$392 per session

Learn the traditional dance of the Scottish Highland chiefs in a fun and upbeat environment!

Passed down through the Highlands, and ferried across the oceans, you can trace the roots of Highland Dance to the lochs and glens of Scotland. The beginning dancer will learn the Sword Dance and Highland Fling, and be introduced to additional techniques required for group dances such as the Reel of Tulloch.

At the completion of the session, dancers will be eligible to audition for the competition team.

♥ INTRO TO BALLET

Ages: 3-4 years

Instructor: Judy Keefe-Massaró

Tuesdays: 5-5:45 pm

Feb 1- Apr 26 (no class 4/5)

Thursdays: 5-5:45 pm

Feb 3 - Apr 28 (no class 4/7)

Location: Sherwood Center

FEE: \$120 per session

Intro to Ballet provides an introduction to the fundamentals of classical ballet. Through storytelling and creativity, students are introduced to the basic positions, postures, fundamental sequences and ideals of classical ballet.

♥ BALLET

Ages: 5-8 years

Instructor: Judy Keefe-Massaró

Tuesdays: 6-6:45 pm

Feb 1- Apr 26 (no class 4/5)

Thursdays: 6-6:45 pm

Feb 3 - Apr 28 (no class 4/7)

Location: Sherwood Center

FEE: \$120 per session

This class will introduce children to the fun of classical ballet and creative movement. Children will learn basic ballet vocabulary and technique while improving coordination, flexibility and concentration. This course is taught by a professional ballet dance instructor with a master's degree in dance and a specialization in children's dance.

♥ ZUMBA KIDS

Ages: 3-6 years old

Instructor: Mercier School of Dance

Thursdays: Jan 6 - April 7, 11:20am-11:55am

Location: Green Acres

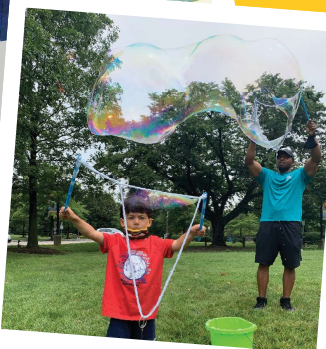
FEE: \$160 per session

Zumba Kids classes feature kid-friendly routines based on original Zumba choreography. We break down the steps, add games, activities and cultural exploration elements into the class structure.

Youth Programs

FAIRFAX CITY SUMMER CAMPS 2022

TRADITIONAL &
SPECIALTY CAMPS



Camp Details Coming in February 2022:
fairfaxva.gov/summercamp

**CAMP REGISTRATION OPENS
MARCH 2022**



City of Fairfax
Summer Camp

FRIDAY NIGHT VOYAGERS

Ages: 13-22 years

Instructor: Fairfax County Therapeutic Recreation Services

Fridays: Jan 7 - Mar 11 (no class 2/18), 6:15-9:00 pm

Location: Sherwood Center

FEE: FREE! Registration required.

Friday Night Voyager is a night of fun and engaging teen activities designed for teens to work towards being more independent in the leisure and recreation activities of their choice. Teens will focus on effective communication, teamwork, socialization, and goal setting skills.

Participant Eligibility:

Individuals ages 13-22 with intellectual disabilities, developmental disabilities, and/or Autism Spectrum disorder who in a community setting are able to:

- Interact appropriately with peers with minimal behavioral management assistance (redirection, verbal prompts) in a 1:5-1:6 ratio
- Follow multi-step instructions, ask for assistance and convey feelings/needs appropriately
- Take care of personal care needs with minimal support (verbal cues)
- Remain with the group



2021 Sherwood Center GIVING TREE

Please support a Fairfax City family in need this holiday season!

Fairfax City Parks and Recreation Department is partnering with Fairfax City Public Schools in order to provide assistance for families in need in Fairfax City this holiday season.

The Parent Liaisons/School Counselors from Daniels Run and Providence Elementary have assisted in identifying families from each school. These families completed a form with their information and wish list. This is a great opportunity for departments, companies, individuals or anyone who is looking to give back this season.

Donation Options:

Please commit by November 20th:

- A. Sponsor a small family*: Buy gifts for a family of 3 children or less
- B. Sponsor a large family*: Buy gifts for a family 4 or more children
- C. Gift Card Donations: Local Grocery Stores/ Target/ Walmart/VISA
- D. Check/Cash donation: Staff will buy the gifts to donate to the families.
(Online donations can be made at fairfaxva.gov/givingtree)
- E. Amazon Wishlist: Link will be on fairfaxva.gov/givingtree starting Nov 15
- F. Wrapping Supplies (Bags, Paper, Tissue Paper, Ribbon, Bows, Etc.)

*If you choose A or B, you will receive a form has information on the specific family. All gifts need to be delivered unwrapped to the Sherwood Center, 3740 Old Lee Highway, no later than Fri. Dec. 3rd. The Parks and Recreation staff will wrap and deliver all presents to the families before Winter Break.

If you would like to donate to the Sherwood Giving Tree, please contact:

Karen Lussier, Recreation Manager
karen.lussier@fairfaxva.gov || 703-591-3689

FAIRFAX CITY
Parks & Recreation

Youth Programs

WINTER BREAK CAMPS

HI-FIVE SPORTS CAMP

Ages: 6-12 yrs

Instructor: Hi-Five Staff

Week 1 (3 days):

Mon, Dec 20 - Wed, Dec 22

Week 2 (4 days):

Mon, Dec 27 - Thurs, Dec 30

Time: 9am - 3pm

Location: Daniels Run ES

FEE: Week 1: \$225; Week 2: \$300

Hi-Five Sports Clubs brings an exciting 30-year tradition to the DC Metro area. With up to 12 different team sports experienced every week, our campers never get bored. Our experienced and passionate coaching staff will divide campers into balanced teams that learn about and compete in a wide variety of team sports in an all-day sports camp. Our vision is to help the next generation develop a passion for sports - one camp, coach, and one child at a time. The Hi-Five Sports Camp experience will be remembered for the high energy-level of our coaches and the positive impact made on the lives of our campers.

ARTBUG ART CAMP

Ages: 6-12 yrs

Instructor: ArtBug Staff

Dates: December 20 - 23 (4 days)

Time: 9am - 3pm

Location: Sherwood Center

FEE: \$300, includes all supplies

Does your child love to draw, paint, and create things with clay, paper and glue? Does he or she have a wild imagination and create art out of ordinary things? This camp is designed specifically for them! We facilitate an environment where they are free to create art and have fun with friends. Each day is a new experience! Our program is designed to focus on creating art based on the work of famous people in art history and folk art from around the world. Activities will include but are not limited to guided drawing, guided painting on paper, and canvas and clay sculpting.



CFTC WINTER DRAMA CAMP

Ages: 6-12 yrs; 1st - 6th Grade

Instructor: City of Fairfax Theatre Camp Company

Dates: December 21 - 23

- 12/21: Fairytale Kingdom

- 12/22: Under the Sea

- 12/23: Winter Adventures

Time: 9am - 3pm

Location: Old Town Hall

FEE: \$70 per day

*Extended Care available from 3pm - 5pm for \$20 per day - subject to cancellation due to low enrollment.

The snow may be falling, but the creativity and fun will warm up the room with this dramatic winter day camp. Each day your budding performer will explore a fun and creative theme. The day will include arts and crafts, dancing, and fun theater and drama activities. At the end of the day, family and friends are invited for a final sharing where our performers will shine the spotlight on their creativity. Families can sign up for one, two or all three days of dramatic fun!

Groups will be divided up by group but both CFTC Camps will take place in Old Town Hall. Group A: Grades 1-3 & Group B: Grades 4-6

TINY CHEFS COOKING CAMP

Ages: 5-12 yrs

Instructor: Tiny Chefs Staff

Time: 9am - 3pm

Location: Sherwood Center

FEE: \$300 per week, includes all supplies

Week 1: December 20-23
Everyday's a Holiday

Holidays conjure up memories and nostalgia and so much of it food related! Get ready for a week of delicious celebrations to bring us into the holiday season. We will whip up Pumpkin parfaits, Warm Apple Turnovers, chicken potpies, plus much, much more! Can't wait to spend the holidays with you!

Week 2: December 27-30
Kids Cook-off

Kid cooks, bakers and chefs have joined the ranks of elimination style cooking contests and here at Tiny Chefs we are getting in on the action! In this exciting camp, chefs will be separated into rotating teams and each team will create recipes that are judged by the instructors in a blind taste test with preset criteria. Each day the teams will create 3 recipes that will be a head-to-head competition. Farmers Market Pasta Salad vs Pesto Pasta Salad with Summer Veggies, for example. May the best team win!

WINTER BREAK CAMPS

PLAY-WELL TEKNOLOGIES

*Run as 2 half-day programs. Campers can register for one session or both sessions. Campers who register for both sessions will have a supervised lunch hour from 11am-12noon between camps.

STEM FUNDamentals with LEGO® Materials

Ages: 5-12 yrs

Instructor: Play-well TEKnoLogies

Dates: December 27 - 30 (4 days)

Time: 9am - 12noon*

Location: Sherwood Center

FEE: \$143

Engineering FUNDamentals using LEGO®- Power up your engineering skills with Play-Well TEKnoLogies and tens of thousands of LEGO®! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as arch bridges, skyscrapers, motorized cars, and the Battletrack! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level.

Jedi Master Engineering with LEGO® Materials

Ages: 7-12 yrs

Instructor: Play-well TEKnoLogies

Dates: December 27 - 30 (4 days)

Time: 1pm - 4pm*

Location: Sherwood Center

FEE: \$143

The Force is strong in this advanced engineering course for young Jedi! Use the force and tens of thousands of LEGO® parts to raise your X-Wing from the Dagobah swamp, challenge the AT-AT walkers on Hoth, and fly the Millennium Falcon through the Kessel Run. Apply real-world concepts in physics, engineering, and architecture while you explore a galaxy, far, far away.



Youth Programs

2022-23 SCHOOL YEAR REGISTRATION BEGINS APRIL 1, 2022

FOR LITTLE SCHOOL AND MICHUCHUTREN
SPANISH IMMERSION PRESCHOOL

MORE DETAILS FOR 2022-23 SCHOOL YEAR WILL BE
POSTED MARCH 2022 AT [FAIRFAXVA.GOV/PARKSREC](https://fairfaxva.gov/parksrec)



LITTLE SCHOOL

Little School is a fun recreational preschool program for the busy little ones! This interactive class will prepare them for school while learning and having fun. Each day they will enjoy circle time, story time, art, music, singing, games and snack time. Different themes will be incorporated into the program.

Children in Little School will focus on learning ABC's, numbers 1-20, learning to write their names, as well as working towards other pre-k developmental milestones. Teachers will incorporate arts, crafts, music, science, snack and active play into this fun and enriching morning program.

MICHUCHUTREN SPANISH IMMERSION

Through a 100% Spanish immersion environment, students naturally learn the Spanish language. See page 17 for full program description





MICHUCHUTREN SPANISH IMMERSION PROGRAMS

2021/2022 SCHOOL YEAR - LIMITED SPACE STILL AVAILABLE!

Ages: 2.5 - 5 years

(must be age by first day attending the program)

Instructors: Human Advance LLC Staff

Monday – Friday: Sept 7, 2021 – May 27, 2022

Location: NEW* Green Acres Center,
4401 Sideburn Rd, Fairfax

FEES:

HALF DAY PROGRAMS : 9am - 12pm

• **Three Day:** Tues, Wed, Thurs (3 - 5 yrs): **\$590/mo**

• **Five Day:** Mon – Fri (3 - 5 yrs): **\$880/mo**

FULL DAY PROGRAMS : 9am - 4pm

• **Three Day:** Tues, Wed, Thurs (3 - 5 yrs): **\$1180/mo**

• **Five Day:** Mon – Fri (3 - 5 yrs): **\$1750/mo**

Annual Enrollment/Activity Fee (due first day of classes) and paid directly to Michuchutren. Full Day: \$580; Half Day: \$480

PAYMENTS:

A non-refundable **registration fee of \$200** is due at the time of registration. Monthly automatic payments will be made monthly through – May 1, 2022. All participants will be required to provide a credit card number on their account for these transactions.

About MiChuChuTren Preschool:

Through a 100% Spanish immersion environment, students naturally learn the Spanish language. The program carefully designed, enable children to gain bilingual confidence through a play-based approach. They understand that knowing a second language is a gift that will benefit them for life. Through multicultural experiences, lots of music and STEAM project-based activities, we help them understand the world around them and the strengths within them. Our holistic approach provides opportunities for an individualized process, allowing learners the time and space to develop their passion.

For questions and Inquires:

Contact us at info@michuchutren.com

To learn more please visit: michuchutren.com/preschool/

REGISTRATION:

app.campdoc.com/register/cityoffairfax

WWW.MICHUCHUTREN.COM

CHIQUITINES: SPANISH IMMERSION PARENT AND ME CLASS

Ages: 1-2.5 years - Chiquitines

Instructor: Human Advance LLC

Fridays: 10:00-10:45 am

Location: Green Acres Center

FEE: \$95 per month (Sept-May)

Our Parent and Me program:

Chiquitines, is a great start for every child. By the hand of their loved ones they will develop their love for the Spanish Language. We will expose them 100% to the language and open their minds through what they love most: Play. We create adventures through music experiences, storytelling, role play, art projects and much more to arouse their natural curiosity for learning. Self-creativity, imagination and lots of fun is our main goal. Previous exposure to the language is not required.



ADVANCED SPANISH IMMERSION PROGRAM

Ages: 6-12 years

Instructor: Human Advance LLC

Saturdays: 9:00am - 12:00 pm

Location: Green Acres Center

FEE: \$295 per month (+\$200 reg fee)

This course is designed for those children committed to their bilingual education and who want to be fluent Spanish readers, writers, and speakers. The curriculum focuses on establishing ties with Latin American cultures, their history, literature and much more. We focus on giving the children a solid foundation of the language while developing soft skills like teamwork, critical thinking and problem solving. All subjects are taught by Latino Native teachers from different countries who are committed to teaching reading comprehension, written and oral communication skills in Spanish, through our project-based and play-based methodology. Our mission is to help our future leaders understand the value of being bilingual and create a legacy of loving our language and our cultures.

The program is designed for children who already understands our have a foundation in Spanish.

Adult Programs

DANCE

♥ IRISH SOCIAL DANCE

Ages: 18+

Instructor: Hugh Conway

Tuesdays, 7:15-8:45pm

Feb 1 - Mar 1 Session A

Mar 8 - Apr 5 Session B

Apr 12 - May 10 Session C

Location: Green Acres Center

FEE: \$38, Drop-in Fee: \$8.50

Enjoy some simple social dances while getting great exercise. You will be enjoying yourself and you won't know the time is passing. The dances include Haymakers Jig, Siege of Ennis and Kerry and Lancers sets. No experience necessary. The teacher and dancers have plenty to share! Bring light shoes. For more information, email ceiliset@yahoo.com

♥ SUNDAY IRISH SOCIAL DANCES TO THE LIVE MUSIC OF SHEPHERDS PIE CELLI BAND

Ages: 18 years or older unless accompanied by an adult

Sundays: 3-6 pm

Mar 6: 11 Days to St. Patrick's Day

Apr 3: 17 Days after St. Patrick's Day, but not to late to celebrate

Location: Blenheim

FEE: \$12 Adult; \$6 Under 18

Enjoy the St. Patrick's season with Irish dancing at the beautiful Blenheim Interpretive Center with its wonderful dance floor. Have fun and great exercise - it's unavoidable with Irish music! Music provided by the outstanding Shepherds Pie Celli Band. There will be dancers ready to assist beginners. Wear light shoes; no tap shoes please. Bring a small dessert to share if you wish.

♥ CLOGGING - BEGINNER III

Ages: 13 years and up

Instructor: Martha Hemingway

Wednesdays: 7 - 8pm

Dec 1 - Feb 23 Session A 10wk

*No class 12/22, 12/29, & 1/19

Mar 16 - May 18 Session B 10wk

Location: Green Acres Center

FEE: \$77 per session

This 10-week intermediate dance class is for those who can learn and execute clogging steps quickly. The instructor will teach new dance combinations and routines at a FAST pace. This is a modern clogging dance class, not traditional. Tap or clogging shoes required, but not for first class. Instructor may have shoes you can use.

♥ CLOGGING II

Ages: 13 years and up

Instructor: Martha Hemingway

Wednesdays: 8 - 9pm

Dec 1 - Feb 23 Session A 10wk

*No class 12/22, 12/29, & 1/19

Mar 16 - May 18 Session B 10wk

Location: Green Acres Center

FEE: \$77 per session

This 10-week intermediate dance class is for those who can learn and execute clogging steps quickly. The instructor will teach new dance combinations and routines at a FAST pace. This is a modern clogging dance class, not traditional. Tap or clogging shoes required, but not for first class. Instructor may have shoes you can use.

In accordance with the CDC the Fairfax City highly recommends that all adults participating in any programs, classes or events are fully vaccinated. All participants are required to wear masks inside Fairfax City buildings regardless of vaccination status. Participants in fitness programs can remove masks when socially distanced in class.

♥ NIA DANCE

Ages: 15 years and up

Instructor: Cami St. Germain

Wednesdays: 7-8pm

Session A: Jan 5 - Feb 23 (8wks)

Session B: Mar 30 - May 18 (8wks)

Location: Sherwood Center

FEE: \$80 per session

Come shimmy, kick, breathe, and laugh your way to a healthful relationship with your body! Nia is a joyful, non-impactive cardiovascular movement practice that engages the body, mind, emotions and spirit. Inspired by martial arts, dance, and healing arts such as yoga, Nia is performed barefoot (though soft soled shoes can be worn) to diverse, soul-stirring music. Nia adapts to each participant's ability and provides aerobic and strength benefits at every fitness level. For more information about Nia, see www.nianow.com.



GREEN ACRES FITNESS PASS

Ages: 16-54 years

Location: Green Acres Center Fitness Rooms

Yearly Pass Fee: \$96

Monthly Fee: \$15

Daily Drop in Fee: \$5

Open Use of our Fitness Room:

Monday - Thursday 5 - 9pm

Saturday - Sunday 9am - 2pm

Start Living a Healthier Life Today! Sign up for our new Fitness Pass and have the flexibility to work out on your own schedule. Fitness Room contains cardio equipment, free weights and a stretching area. Please note: this pass is only good at Green Acres Center and registration for fitness pass must be purchased at Green Acres to receive a picture id pass. Always sign in and out on podium notebook before & after.



FITNESS

♥ TABATA WORKOUT

Ages: 13 years and up
Instructor: David Cohen
Thursdays: 7:45-8:15 pm
 Jan 6 - Feb 24 Session A 8 wks
 Mar 10 - Apr 28 Session B 8 wks
Location: Green Acres Center
FEE: \$35 per session
Drop in FEE: \$6

High Intensity Interval training (HIIT) is a growing and exciting way to work out. Relatively low impact with timed intervals designed to boost your metabolism to its max for better fat burning and more muscle building. Recent studies show women get more benefit from a thirty-minute HIIT workout than doing an hour on their favorite cardio machine. We will be doing four or five different exercises and will work each exercise for a timed twenty second all out and then, ten second rest. We will repeat this for ten sets for a thirty-minute sweat-fest! Have some fun and get into the best shape of your life with this dynamic work out.

♥ EXERCISE EQUIPMENT ORIENTATION

Ages: 16 years and up
Instructor: Teresa Fletcher, PFT
Saturday: Feb 5, 11am
Location: Green Acres Center
Adult FEE: \$5
Senior Adults 55+: Free with Registration

You've joined with the Green Acres Fitness Pass – now learn how to maximize your workouts with proper use of the equipment. Led by our certified Personal Fitness Trainer who will also answer your questions. Wear comfortable clothes and shoes.

♥ AEROBIC DANCING BY JACKI SORENSEN

Ages: 16 years and up
Instructor: Sharon Allen
Thursdays: Jan 13 - Apr 7, 6:45 - 7:45pm
Saturdays: Jan 15 - Apr 9, 9:15 - 10:15am
Location: Green Acres Center
FEE: \$90 per session
Punch pass: \$6 per class
Drop-in FEE: \$8

Jacki Sorensen is the originator of Aerobic Dance – in this Get-It-All-Together fitness program! Sharon incorporates stretching, strength training and cardiovascular training as you dance to choreographed music – you set your pace. Dance experience is not required, and your first day is FREE! Bring an exercise mat and water bottle; hand and ankle weights optional. New students, first class free with signed Liability Release. Class is also on Zoom; Please contact Sharon for more information: 703-385-3958

♥ OPEN PICKLEBALL PLAY

Ages: 18 years and up
Monitors: Pete Pollak
Saturdays: 10:30am-12:30pm
 January 8 - April 30
Location: Green Acres Center
Drop-in FEE: \$5 per day/evening

Play the fastest growing court game in the U.S.A. Similar to tennis, the court is smaller, and players are closer to the action. We have 2 courts established in the gym. This is for those who know how to play, is very competitive, and for advanced players. Bring your own paddle, though loaners available the first time; balls provided.

♥ OKINAWA KENPO KARATE MARTIAL ARTS

Ages: 14 years and up
Instructor: Raleigh Marshall
Monday and Wednesday:
 Jan 3- Apr 27, 7-8:30pm
 *No class on 11/24 & Holidays
Location: Green Acres Center and Virtual (Zoom)

Fees: \$50 per month in-person, \$30 per month for virtual participants. Promotion examinations are \$50-\$100 depending on rank, and a student with good participation will generally merit 2 per year at the instructor's discretion. Association dues are included in the training fee.
Drop-in FEE: \$10

Learn the traditional style of Okinawa Kenpo from our instructor trained in Okinawa, Japan – the birthplace of karate. Our club is authorized to operate under the Okinawa Kenpo Karate Association and is a satellite school of the Okinawa Kenpo Kenyukai dojo. Karate yields many long term benefits to its practitioners including improvements to overall health, increased confidence, sense of community, plus knowledge of practical self-defense. Students will experience traditional training methods with a real connection to the Okinawan masters of this art. No previous experience is necessary, and all persons are welcome to join in our patient and cooperative learning environment. Osu!



Building Memories in your Community!



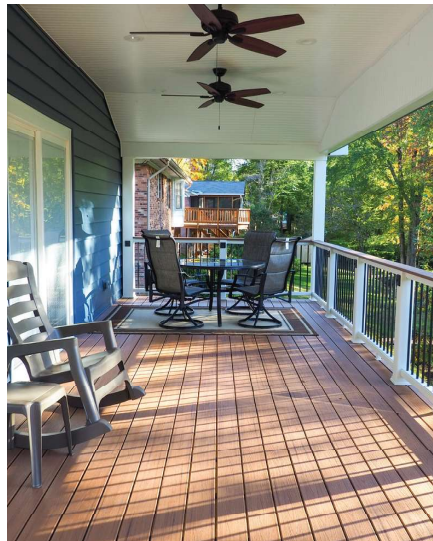
Roofing, Siding, and Windows



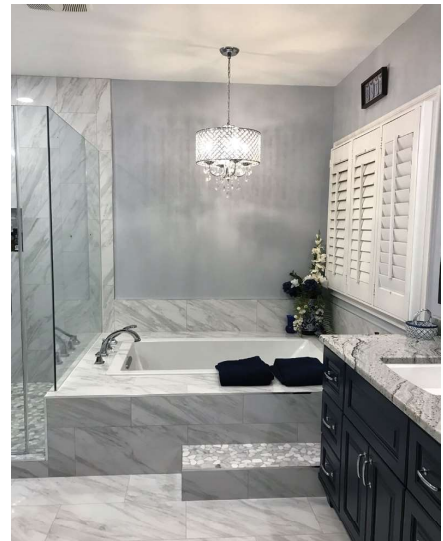
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Adult Programs

♥ YOGA AT SHERWOOD

Ages: 16 years and up

Instructor: Molly Aden

Tuesdays: 2-3:15pm, ongoing

Thursdays: 7-8:15pm, ongoing

Location: Sherwood Center

FEE: \$8 per class

***Passes can only be used at the Sherwood Community Center Yoga classes and are non-refundable.*

This is a yoga class taught by a Yoga Alliance-certified yoga instructor. It is a multi-level class designed to address key issues/components of balance, agility, strength and flexibility for seniors who want to remain active. It also aims to keep it challenging for seasoned yogis or even younger beginners. Equipment needed: Yoga mat, block, strap and small throw blanket.

♥ PM PILATES – ALL LEVELS

Ages: 13 years and up

Instructor: David Cohen

Tuesdays: 7:45 – 8:45pm

Jan 4 – Feb 22 Session A 8 wks

Mar 8 – Apr 26 Session B 8 wks

Location: Green Acres Center

FEE: \$64 per session

Drop-in: \$9

Originally called “Contrology,” this practice trains the core to better stabilize the body while at the same time lengthening muscle and fascia to rid the body of stress and imbalances. Joseph Pilates said “10 sessions you will feel the difference, in 20 you will see the difference, and in 30 you’ll be on your way to a new body!”



ENRICHMENT

CLOCK REPAIR WORKSHOP

Ages: 18 years and up

Instructor: Horological Association of Virginia, Inc.

Mondays and Wednesdays:

Jan 10 – April 13, 6:30-9pm

Location: Green Acres Center

FEE: \$235

This 26-session workshop focuses on the repair of American 8-day time and strike clocks. Interested students should bring their own clocks to be repaired. Instruction will be provided in problem diagnosis, movement disassembly, necessary repairs, reassembly, and adjustments. For information, call Jim Girard at 703-425-4770 (Leave a message)

A BRUSH WITH ART

Ages: 18 years and up

Instructor: Padma Prasad, of the Fairfax Art League

Wednesdays:

Mar 2 – Mar 23, 2-4pm

Location: Green Acres Center

FEE: \$20 for Fairfax Art League members, \$40 non-members.

Materials fee is separate and one-time, payable to instructor: \$10.

Complete a contemporary oil painting with Padma! In these hands-on sessions, learn and understand oil painting basics as you paint on canvas. All levels are welcome – from brand new beginner students to advanced trained artists. Come and discover your “Grandma Moses” within! All adults welcome.

PRIVATE PIANO LESSONS

Location: Sherwood Center

Instructor: Joanne DiTorro

Fee: \$35/lesson (total 16 lessons for the session)

Ages: All ages

When registering online or in office, you will have a choice of a half-hour time slot for your lesson on a first come, first served basis. Please see the Private Music Lesson policy posted on fairfaxva.gov/parksrec in regards to missed classes. A piano book supply fee is payable to the instructor upon coordination. Each student must sign the City of Fairfax Private Music Lesson policy at or before their first lesson.

Day	Dates	No Class	Half hour lessons between
Tuesdays	Jan 4 – Apr 26	4/5	4pm – 6:30 pm
Wednesdays	Jan 5 – Apr 27	4/6	4pm – 6:30 pm

This is a great opportunity to learn a new artistic skill or continue further developing one! Lessons will be one-on-one for 30 minutes each lesson. Private music lessons are offered for all ages and curriculum is ‘tailor fit’ to the needs of the student. The primary importance is that the student’s needs are met. Face-to-face lessons provide the best foundation for any student by providing basic fundamentals and guidance on to fit the individual student’s musical goals.

Young at Heart

SENIOR CENTER INFORMATION

AGES 55 AND BETTER!

Green Acres Center, 4401 Sideburn Rd, Fairfax VA

OPEN: Monday - Friday, 8am - 5pm

703-273-6090 • fairfaxva.gov/seniorcenter

Fairfax City Senior Center is a recreational center with numerous and varied activities for all active adults, 55+. Speakers and classes are an important part of the Center, and local trips are offered at an additional cost. Our fitness rooms are open during regular Senior Center hours as well as extended weekend (Sat -Sun, 9 am-2 pm) and evening hours (Mon-Thur, 5-9 pm) and is free to all Senior Center members. See monthly Young at Heart newsletters and calendars for all activities on the website.

SENIOR CENTER ADVISORY COUNCIL

The Senior Center Council members are volunteers who work as a group to enhance the programs and activities of the Fairfax City Senior Center. Elections are held annually in September. Due to the unusual circumstances created by COVID, next year's election will be in August 2022.

CURRENT MEMBERS

Samuel Crumpler, Kim Chu, Susan DiMaina, Jay Lamb, Sandy Moshos, Pat Hyland, Jeanette Mason, Pete Pollak, Charles Spasoro, Sig Schipper.

CURRENT OFFICERS

Sam Crumpler (Chair), Pat Hyland (Vice Chair), Charles Spasoro (Secretary), Sandy Moshos (Treasurer), *Vacant* (PRAB)

COMMITTEE MEETINGS

The following committee meetings are held at the Green Acres Center:

- Day Trip Committee, as needed
- Hospitality Committee, as needed.
- Senior Center Council 3rd Tuesday at 1 pm

For more information, contact the Senior Center at seniorcenter@fairfaxva.gov

YOUNG AT HEART MEMBERSHIP FEES:

Fairfax City and Fairfax County residents: FREE

Non-Fairfax City or County Residents: \$50/year
(\$5/day guest drop in)

ID cards and registration forms are required for participation.
Memberships available any time at the front desk at Green Acres Center.





TRIP SIGN-UP INFORMATION:

All trips require a reservation – first come, first served.

January – February trips opens on Monday, December 6.

March – April trips open on Monday, February 14

**March – April trip information will be available in February at the Senior Center, online, and in the Senior Newsletters.*

Walk-In Registrations:

Starting at 8am, walk in registrations will receive a number upon arrival for their place in the registration line. Registration for trips will begin at the following times:

- **8:30am: Fairfax City Residents ONLY**
- **10:30 am: Fairfax County and Registered Senior Center members**
- **12:30 pm: All other walk-ins. Call-in and online registrations will also begin at 12:30 pm.**

On-site registrants may register one additional person. If you are a City resident and want to sign up an additional second friend who is a Fairfax County resident, you may get a number upon arrival for the Fairfax County line and register them starting at 10:30am.

Trip flyers will be available at the Senior Center and online with the most current updates. All trips and schedule subject to change.

Payment:

Payment is due in full at time of registration, unless placed on a waitlist. If space becomes available then payment will be due at the time you are enrolled.

Day of Trip:

All trips depart from Green Acres Center, 4401 Sideburn Road, unless otherwise noted.

- Please arrive 15 minutes before departure to check-in with your Fairfax City Senior Center membership card or identification.

Cancellation Policy:

- **ALL SALES FINAL.** No refunds given on tickets already purchased, unless a replacement can be found from the wait list.
- Participants who request a refund must fill out a refund request form at least one week before the event to be considered for a refund. All refunds will be charged a \$10 processing fee per individual, per trip. The \$10 refund fee may be waived for medical and emergency situations with approval of Recreation Manager and completed refund form.
- If the City of Fairfax Parks and Recreation Department cancels a trip, a full refund will be given.
- Inclement Weather: Cancellations due to weather will be decided on an individual basis for the safety of the participants. If a trip is cancelled staff will notify participants.

For further trip information, please check our website or call Green Acres Center: 703-273-6090.

YOUNG AT HEART DAY TRIPS

JANUARY

NATIONAL SYMPHONY ORCHESTRA COFFEE CONCERT - KENNEDY CENTER (WASHINGTON, DC)

Friday, January 21: Time: TBA

FEE: \$70

Gianandrea Noseda pairs Beethoven's Fourth with the Fourth Symphony by William Grant Still—the first Black composer to have a symphony performed by a leading orchestra and to conduct a major American symphony orchestra. Proof of full vaccination against COVID -19 and photo ID required to attend all indoor performances at the Kennedy Center. Coffee/food options determined by KC Café operating status. Performance begins 11:30am.

FEBRUARY

NATIONAL MUSEUM OF THE ARMY (FORT BELVOIR, VA)

Wednesday, February 2, 9am - 3pm

FEE: \$30

The National Museum of the United States Army provides the only comprehensive portrayal of Army history and traditions through the eyes of the American Soldier. Through preserving, interpreting, and exhibiting invaluable artifacts, the National Army Museum creates learning opportunities for all visitors and bonds the American people to their oldest military service. Lunch on your own afterward, not included in trip price.

LUCY BURNS MUSEUM AND THE WORKHOUSE ARTS CENTER (LORTON, VA)

Friday, February 18, TIME: TBA

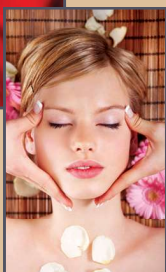
FEE: TBA

On the National Historic Registry, the Lucy Burns Museum explores a vast history including an incredible cast of characters of notorious criminals, some of the biggest jazz artists of the 21st century, and activist and suffragists. Our guided tour of the museum is followed by exploration of the arts space of the Workhouse, where we will enjoy the art exhibition of the City of Fairfax's very own Kay Kaelin! Lunch on your own afterwards, in Clifton, not included in trip price.

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Young at Heart

Ongoing Senior Center Activities: Jan - April 2022

All Activities are held at Green Acres Center, 4401 Sideburn Rd. Fairfax VA 22030
More information: fairfaxva.gov/seniorcenter or drop in at the Senior Center for a current calendar.



Game Room

Monday- Friday: 9am- 4pm

Ping Pong, Billiards, Air Hockey, Shuffle Board, and Foosball.

Morning Coffee Group

Monday-Friday: 8:15-10 am

Coffee, breakfast treats and lively conversation.

Bocce

Thursdays (May- Sept), 10-12noon

Outdoor courts. Tournament-style play.

Military History

Every Wednesday, 1:00 to 3:30 PM:

Covers military history beginning with the Revolutionary War to the present.

Library

Books loaned on honor system, enjoy and return. We appreciate book donations published after year 2003; fiction after year 2010.

Monthly Birthday Celebrations

First Friday of each month, Noon

Current Events Group

Tuesdays, 1 - 2pm

Discuss the latest topics going on in our world.

Movie & Popcorn

1 per month: Tuesdays, 10am-12pm

See schedule on calendar

Bunco

Two Fridays per month, 10:30 am

Cards & Games

Everyday in the Senior Center

See schedule on calendar

55+ Pickleball Open Play

**Tues, Wed, Thurs, and Fri:
1 pm-3:30 pm.**

Mondays for beginner play and lessons.

A racquet sport which combines elements of badminton and table tennis. Paid lessons available (see in Young at Heart 55+ classes). When weather permits play outdoors on courts behind Green Acres Center.

Fairfax Antique Arts Association

Third Thursday monthly, 10 am

Invited guest speakers' show and discuss their collections.

Mah Jongg

Mondays and Thursdays, 10 am

International and American.

Free American lessons: Thurs, starting in March.

Millennium Art Guild

Thursdays, 1-4 pm

Artists bring in their own art projects and supplies. All forms of art welcome. For information, call Shirley Staples: 703-218-3172. Monthly art display in March.

ALPS - Alpha Literary & Philosophical Society

Last Thursday of month, 2-5 pm

A member volunteers to research & write an article (provided at meeting), then discuss.

Book Club

**Second Thursday of the month
2 - 3:30pm; 1st Meeting: Jan 13**

Bingo

Two Fridays per month, 10:30 am

\$2/2cards + \$1 each additional card. See monthly calendar for dates.

Pinochle/Mexican Train/ Canasta

Played daily throughout the week starting at 9:30 - 10 am or 12:30 pm

Day at the Races

Two Mondays a month, 10:30 am

Minimum of 5 to play.

Bridge Groups:

- Bridge Level 1: Mondays and Fridays, 9:30 am - 12:30 pm
- Bridge Follow-On: Thursday, 9:30 am - 12:30 pm
- Grand Slam: Mondays/Fridays, 9:30 am - 2 pm.
- Small Slam: Mondays/Fridays, 9:30 am - 12 noon.
- NOVA Neighbors Bridge: First and third Mondays, 12 noon - 3 pm

German Conversation

Thursdays from 10:30 am-noon

For interesting discussions, learning situations and fun! Beginners and friends of German culture are welcome.

Knit & Crochet

Wednesdays, 10 am in the Senior Center Library

Do you have a talent or skill to share?

Please contact the Senior Center Staff at seniorcenter@fairfaxva.gov

Young at Heart

Lunchtime Learning

Bring your lunch and join in on the learning!
FREE but REGISTRATION REQUIRED for all sessions: call 703-273-6090,
or sign up on clipboard in the Green Acres Center lobby

Location: Green Acres Center

Fee: FREE with registration; some may have a materials fee paid to instructor.



ESTATE PLANNING 101

Speaker: Alison Mathey Lambeth,
Attorney at Law, Lambeth Law, PLLC
Wednesday, Jan 12: 12-1:30pm

This lecture is designed to highlight the main parts to an estate plan and the critical importance of each document. Topics include wills, revocable living trusts, advance medical directives, power of attorney and probate. Estate planning helps protect your family and loved ones by allowing them to know and execute your wishes in a simple manner, while bringing a sense of peace and relief. Time for questions at the end of lecture.

SIX PILLARS OF BRAIN HEALTH

Speaker: Paul Singh, AARP
Friday, January 28, 12noon

It's never too late to take charge of your brain health! In this hour-long, interactive session you will learn about the six pillars of a brain-healthy lifestyle and how to incorporate changes in your life

WE'RE HERE TO HELP & WE'RE LISTENING

Speaker: Superior Options for Seniors
Monday, February 7, 12noon

Who do you call when you need help finding the best aging gracefully options? They bring all the resources and options to you and your family, presenting the superior options that your loved ones deserve. This will be a panel discussion with speaker highlighting financial, housing, health, transition, estate & elder planning, and management services.

EXPLORING YOUR CREATIVITY

Speaker: Christine Smith
Thursday, February 24, 12 pm

Play with and explore a variety of creative mediums and techniques to bring out your creative self.

BENEFITS OF ADVANCE PLANNING

Speaker: Fairfax Memorial Park
Friday, March 11, 12pm

A great opportunity for you to relax while learning more about the benefits of making final arrangements in advance. The seminar will provide you with information on pre-planning, locating/organizing documents, important health decisions, veteran's benefits and more.

INTRODUCING FAIRFAX VILLAGE IN THE CITY

Speaker: Village Staff
Monday, March 21, 12noon

We who live in the City of Fairfax are proud of the ways our city expresses its unique character. Our city motto, "Live Life Connected," sums up our commitment to community. In this session you will learn about Fairfax Village in the City, a new effort of city staff and neighborhood volunteers to enable older residents and those with disabilities to age in place in the city. The Village is not a provider; its role is to foster stronger connections through volunteerism and to help link older residents with existing local services and supports. Members can both volunteer and receive services. Come and find out more.

THE BENEFITS OF MASSAGE

Speaker: Marlene Auble
Friday, March 25, 12noon

Getting a massage works wonders on the physical body and can be very therapeutic. Come learn how massage can help improve circulation, energy and alertness. Experience an optional chair or hand massage during this session by a licensed massage therapist.

VIDEO GAMES FOR BRAIN HEALTH

Speaker: Kristen Tucker
Friday, April 8, 12noon

Mentally challenge yourself with different types of games from music, fitness, puzzles to RPG's. Join this interactive session to have fun with friends and discover gaming systems. Time for question and answers regarding apps and other related gaming topics.

HOW DO YOU PREPARE FOR EMERGENCIES?

Speaker: Fairfax County Department of Emergency Management and Security (DEMS)
Tuesday, April 29, 12noon

Join Emergency Management professionals to learn more about preparing for emergencies, what hazards affect our area and steps you can take to protect yourself.



DECEMBER

Mon, Dec 6

Registration Open for Classes and Jan-Feb Day Trips

Fri, Dec 17: 11:30 am

Holiday Party

Fri, Dec 31, 2021

Center Closed:
New Year's Eve Holiday

JANUARY

Wed, Jan 12: 12noon

Lunchtime Learning:
Estate Planning 101 with Alison Lambeth, Attorney at Law

Mon, Jan 17

Center Closed: Dr. Martin Luther King, Jr. Holiday

Fri, Jan 28: 12noon

Lunchtime Learning:
Six Pillars of Brain Health

FEBRUARY

Mon, Feb 7: 11:30am

Lunchtime Learning:
We're Here to Help & Were Listening

Fri, Feb 11: 11:30am

Valentine Party

Mon, Feb 14: 8:30 am

Registration Open for Mar-Apr Day Trips

Mon, Feb 21

Center Closed:
Presidents' Day Holiday

Thurs, Feb. 24: 12noon

Lunchtime Learning:
Explore your Creativity

MARCH

Fri, Mar 11: 12noon

Lunchtime Learning:
Fairfax Memorial Park

Thurs, Mar 17: 11:30am

St. Patrick's Celebration

Mon, Mar 21: 12noon

Lunchtime Learning:
Introduction to the Fairfax Village

Fri, Mar 25: 12noon

Benefits of Massage

APRIL

Fri, Apr 8: 12noon

Lunchtime Learning: Video Games for Brain Health

Tues, Apr 29: 12noon

Lunchtime Learning:
How do you Prepare for Emergencies?

FITNESS

♥ SENIOR MORNING WALK

Mondays: Jan 3 - April 25,
8am - 9:30am

**No meeting 1/17 & 2/21*

Location: Green Acres Gym

FEE: Free with registration

Come walk inside our gymnasium in a climate-controlled atmosphere at your own pace. Please wear non-marking tennis or walking shoes.

♥ LINE DANCING

Instructor: Lilly Drake

Mondays: 10 -11 am

Location: Green Acres Center

Ages: Best suited for 65+

Jan 3 - Feb 28 Session A 7wk

**No class 1/17 & 2/21*

Mar 7 - Apr 25 Session B 8wks

FEE: Session A: \$49

Session B: \$56

Drop-in FEE: \$8

With a little practice, anyone can learn how to line dance! Get involved since no partner's necessary. Learn choreographed dances with a repeated sequence of steps in which you'll move as a group in lines and rows.



Young at Heart

♥ WEDNESDAY WALKING WORKOUT

Instructor: Darlene Wujkowski
Wednesdays, 1-2pm
Jan 5 - Feb 16 Session A
Mar 2 - Apr 20 Session B
Location: Sherwood Center
FEE: Session A: \$49
Session B: \$56

A walking based cardio class that includes seated strength training intervals using weights, bands and other types of resistance equipment. Enjoy a total body workout that will strengthen your muscles, improve balance and keep you forever young.

♥ SIT & BFIT: 55+

Instructor: Darlene Wujkowski
Tuesdays, 1:30-2:30 pm
Jan 4 - Feb 15 Session A
Mar 1 - Apr 19 Session B
Location: Green Acres Center
FEE: Session A: \$49
Session B: \$56

Enjoy a total body workout while using fun props such as scarves, paper plates & bouncy balls plus weights and toning sticks for strength training. At the end of class calm stretching will have you feeling fit and fabulous.

♥ YOGALATES BLENDER

Instructor: Darlene Wujkowski
Thursday, 1:30-2:30 pm
Jan 7-Feb 17 Session A
Mar 3-Apr 21 Session B
*No class 11/11 or 11/25
Location: Green Acres Center
FEE: Session A: \$49, Session B: \$56, Drop-in: \$8

Strengthen your core plus work all muscles and joints with gentle Pilates based movements while seated in a chair. Yoga style stretches will have you feeling toned and relaxed.

♥ TAI CHI CHUAN- BEGINNERS

Certified Instructor: David Cohen
Mondays: 10:15-11:15 am
Jan 3 - Feb 28 Session A 7wks
*No class Jan 17 & Feb 21
Mar 7 - Apr 25 Session B 8wks
Location: Green Acres Center
FEE: Session A: \$49
Session B: \$56
Drop-in: \$8

Tai chi's graceful and precise movements develop balance, alignment and relaxation. Unlike purely physical exercise, this gentle yet powerful discipline integrates body, mind and spirit. David Cohen, a certified instructor, will introduce you to techniques for balance and proper breathing.

♥ TAI CHI CHUAN- ADVANCED

Certified Instructor: David Cohen
Mondays: 9:15-10:15 am
Jan 3 - Feb 28 Session A 7wks
*No class Jan 17 & Feb 21
Mar 7 - Apr 25 Session B 8wks
Location: Green Acres Center
FEE: Session A: \$49
Session B: \$56
Drop-in: \$8

Learn new skills: 4 oz. moves 1,000 pounds, energy emitting for healing, Fa Jin, and Push Hands. Take these body qualities in order to smooth out your form and become more rooted and relaxed. Familiarity with the entire Yang 24 form required.

♥ EXERCISE EQUIPMENT ORIENTATION

Instructor: Teresa Fletcher, PFT
Saturdays: February 5, 11am
Location: Green Acres Center
FEE: Free for 55+ with membership; \$5 adults 16-54y/o for each day

You've joined the Fairfax City Senior Center which entitles you to work out in the Green Acres Center Fitness Rooms - now maximize your workouts with proper use of the equipment. Our certified Personal Fitness Trainer will lead and answer your questions. Wear comfortable clothes and shoes.

♥ PERSONAL FITNESS TRAINING

Instructor: David Cohen, Certified Personal Trainer
Location: Green Acres Center
FEE: \$45/60 min, \$25/30 min

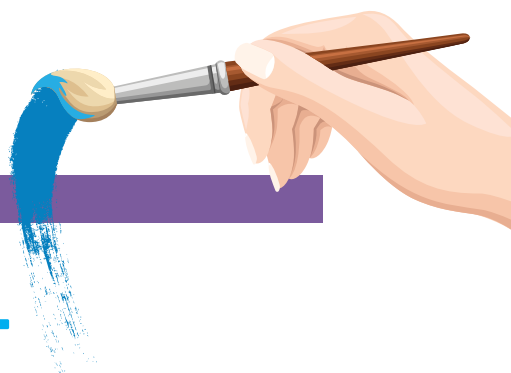
What are your goals? Do you have special concerns? Consult with David Cohen, our ACE Certified Personal Trainer. David has fifteen plus years' of experience and the knowledge to help you meet your fitness goals such as weight loss, gain muscle mass, or correct muscular imbalances; he will motivate you by setting goals and providing feedback during your session. Please contact him directly to schedule an appointment for a 60-minute initial evaluation, or a 30-minute follow-up session getinshapewithdavid@gmail.com Please pay at the Green Acres Center's Front Desk prior to your session.

♥ BEGINNER PICKLEBALL LESSONS

Instructor: Ron Tugwell
Mondays: 11:30-12:30pm
Jan 3, 10, 18 Session A
Feb 28, Mar 7, 14 Session B
Location: Green Acres Center
FEE: \$25/session

Learn the fastest growing court game in the USA! Similar to tennis, the court is smaller and the players are closer to the action. Learn the basics and prepare for indoor play. After your 3 consecutive lessons, practice in our weekly 55+ Pickleball Play Senior center membership required. Class session limited to 8 students.





♥ ADVANCED BEGINNER-INTERMEDIATE PICKLEBALL

Instructor: Ron Tugwell

Mondays: 11:30-12:30pm

Jan 24, 31, Feb 7 Session A

April 4, 11, 18 Session B

Location: Green Acres Center

FEE: \$25

Take your game to the next level! A second level class of competitive play and drills to improve strategy, team work and communication. We will focus on the short and long dinks, improving serves through variance and depth drills and working on the all-important volley. Open only to those who have taken beginner classes or with instructor approval. Class session limited to 8 students.

ENRICHMENT

A BRUSH WITH ART

Ages: 18 years and up

Instructor: Padma Prasad, of the Fairfax Art League

Wednesdays:

Mar 2 - Mar 23, 2-4pm

Location: Green Acres Center

FEE: \$20 for Fairfax Art League members, \$40 non-members.

Materials fee is separate and one-time, payable to instructor: \$10.

Complete a contemporary oil painting with Padma! In these hands-on sessions, learn and understand oil painting basics as you paint on canvas. All levels are welcome - from brand new beginner students to advanced trained artists. Come and discover your "Grandma Moses" within! All adults welcome.

AMERICAN MAH JONGG LESSONS

Instructor: Pat Hyland and John Magyar

Thursday: March 3, 10, 17 & 24
12:30 - 3pm

Location: Green Acres Center

FEE: \$5 material fee payable to instructor at first session

Introduction to American Mah Jongg according to the guidelines of the National Mah Jongg League. This 4-week course is for beginners and those who wish to brush up their game. Learn to identify game tiles, object of the game, how to Charleston and more. Your goal is to be able to play Mah Jongg after attending these four classes. Must attend the first session! Class limited to 8 students.

Registration required online or call: 703-273-6090

DARLENE'S SENIOR FIT PLAN

Certified Instructors: Darlene Wujkowski

Tuesdays, Wednesday, & Thursday : 9 classes per week

Location: Sherwood Community Center, 3740 Old Lee Hwy

Get moving, feel better & stay forever young! Enroll in this program and choose to attend as many classes from the calendar that fit into your schedule. Bring your water bottle and wear comfortable clothing. Please check monthly class schedules in gym for current information. Calendars subject to change.

4-Months: January 4 - April 21 Fee: \$205

2-Months: January 4 - February 17 Fee: \$120

2-Months: March 1 - April 21 Fee: \$120

Drop-in Fee: \$8 (bring your printed receipt from the Front Desk)

TIME	TUESDAY	WEDNESDAY	THURSDAY
9:30 - 10:25 am	SENIORCISE	SENIORCISE	SENIORCISE
10:30 - 11:25 am	ZUMBA GOLD	ZUMBA GOLD	ZUMBA GOLD
11:30 am - 12:30 pm	PILATES/YOGA	PILATES/YOGA	PILATES/YOGA

SENIOR FIT PLAN CLASS DESCRIPTIONS



SENIORCISE

Tuesday, Wednesday, Thursday
9:30 - 10:25am

Cardio, abs, balance work, toning, 20-minutes strength training with weights, bars & tubing; cool down and stretch.

ZUMBA GOLD FITNESS

Tuesday, Wednesday, Thursday
10:30 - 11:25am

For active adults who are looking for a fun Zumba workout at a lower intensity. Includes balance, range of motion and toning sticks.

PILATES/YOGA MIX

Tuesday, Wednesday, Thursday
11:30am - 12:15pm

Gentle total body workout with focus on core muscles of back and abs combined with standing yoga poses. Please bring 2 mats.

**Once registered you may attend all the class offered*

Rental Venues

**Planning a party, wedding, or special event and need a one-of-a-kind space?
Consider one of the exquisite venues in Fairfax City.**

Here's a quick look at some of the spaces. For more information, visit fairfaxva.gov/rentalvenues or call 703-385-7858



Old Town Hall

Time Honored Hall in the Heart of the City

Nestled in the heart of Old Town Fairfax City, this restored historic venue built in 1900, features Tuscan columns, impressive dormers, and classic woodwork. This beautiful building sits next to the popular Old Town Square park and sets the perfect backdrop for any event.

Historic Blenheim

Experience Nature & History in an Intimate Setting

This modern Civil War interpretive center functions as the optimal setting for your next event. The intimate building's vaulted ceilings, glass roof atrium, and floor-to-ceiling windows look out to the scenic Historic Blenheim grounds. Enjoy history and nature along with the convenience of present-day amenities.



Stacy C. Sherwood Center

Stylish & Contemporary Cultural Arts Center

This multi-use Cultural Arts Center has the flexibility to meet the needs for any size event, from the intimate small group meeting to your most anticipated wedding reception or anniversary party. Choose from three flexible rooms featuring state of the art technology, hardwood floors, and exhibited artwork.

Green Acres Center

Functional, Affordable, Convenient

This converted school offers many options for your next meeting as well as your next social occasion. The rooms at Green Acres can accommodate both large and small groups at an affordable rate. Host your next meeting, birthday party, or family gathering!



Live Life in the Arts

THE BONITA LESTINA OLD TOWN HALL PERFORMANCE SERIES

fairfaxva.gov/culturalarts
703-352-ARTS (2787)

Sponsored by the City of Fairfax
Commission on the Arts

Fridays: 8 pm

Dec 10 – Kadencia

Jan 7 – Washington Sax Quartet

Jan 21 – Zachary Smith
& The Dixie Power Trio

Feb 4 – The Hot Lanes
and Bobby J

Feb 11 – US Army
Woodwind Quintet

Feb 25 – QuinTango

Mar 11 – Alma Ensemble

Mar 25 – T.L.A.O.O

Apr 8 – Nataly Merezukh

Apr 29 – Trio Peridot

Location: Old Town Hall

FEE: Free

ARTSCREEN

fairfaxva.gov/culturalarts
703-352-ARTS (2787)

Sponsored by the City of Fairfax
Commission on the Arts.

Fridays: Doors will open at 7pm,
Movie will begin at 7:30pm

Jan 14 – Strictly Ballroom

Feb 11 – Umbrellas of Cherbourg

Mar 18 – Art and Craft

Apr 15 – Ma Rainey's Black Bottom

Location: Sherwood Center

FEE: Free

Join us as we celebrate the arts in
movies! Free refreshments will be
provided.

FUNDAY MONDAY

fairfaxva.gov/culturalarts
703-352-ARTS (2787)

Sponsored by the City of Fairfax
Commission on the Arts

Mondays: 10:30 am

1st Monday Fun & Songs

2nd Monday Storytime & Crafts

3rd Monday Music & Arts with
Music Together Sing
& Groove

4th Monday Movement Monday
with My Gym

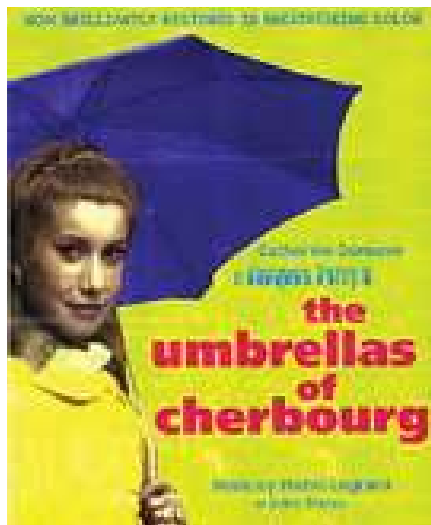
5th Monday Special Event
(as applicable)

*No program on 12/27, 1/3, 1/17, 2/21,
5/30

Location: Sherwood/ Old Town
Square/ Virtual

FEE: Free (Donations are greatly
appreciated)

Family programming every Monday for
children of all ages, especially those
who haven't started school yet. There
will be music, movement, storytelling,
performances, crafts, and more!



FALL FOR THE BOOK

fallforthebook.org

**Fall for the Book's
Pop-Up Lit Night**

Thursdays: 7pm

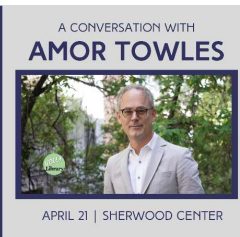
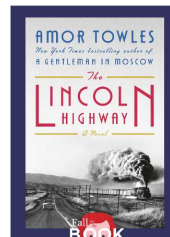
Feb 24

Mar 24

Fee: Free

Fall for the Book's Spring Pop-Up Lit
Nights happen the fourth Thursday of
February and March.

Visit fallforthebook.org to find out
about our free, fun programming!



**A Conversation with Amor
Towles**

Thursday: April 21, 7:30pm

Fee: Free, but registration is
required. Find it on Eventbrite:
[https://www.eventbrite.com/o/
fall-for-the-book-16452627820](https://www.eventbrite.com/o/fall-for-the-book-16452627820)
Location: Sherwood Center

A Gentleman in Moscow author Amor
Towles headlines Fall for the Book's
Spring programming with his gripping
new novel, *The Lincoln Highway*, filled
with unforgettable characters that
criss-crosses 1950s America. People
Magazine call it an "enthraling odys-
sey." Sponsored by the Fairfax County
Public Library.

Live Life in the Arts

MASON ARTS AT OLD TOWN HALL

Wednesdays: 7pm

Dec 8 – The Reva and Sid Dewberry Family School of Music – Woodwinds

Feb 9 – An Evening with Mason's School of Theater

Mar 9 – An Evening with the School of Dance: Mason Dance Gala Preview

Apr 13 – The Grande Finale!

Location: Old Town Hall

FEE: Free

Join us for a monthly showcase of the spectacular students from George Mason University's College of Visual and Performing Arts. Every month we will highlight a different artistic discipline and feature some of the talented students from the school.

WOMEN'S STORYTELLING FESTIVAL

fairfaxva.gov/culturalarts
703-352-ARTS (2787)

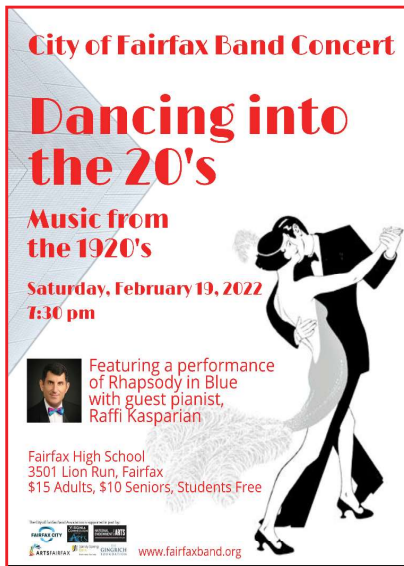
Friday - Sunday: March 18-20

Location: Old Town Hall

FEE: TBD

The 2022 Women's Storytelling Festival starts on Friday March 18, 2022, at 8:00pm EDT, and runs through Sunday March 20, 2022 at the Old Town Hall in the City of Fairfax, VA. Though we plan to live stream the festival, performances will be in-person in Fairfax, VA, in front of a live audience.

PLEASE NOTE: Though we are planning for the festival to be in-person, we will take into account CDC recommendations closer to the date of the festival, and closer to when we start selling tickets.



MUSIC

CITY OF FAIRFAX BAND ASSOCIATION

www.fairfaxband.org

CITY OF FAIRFAX BAND

Dancing into the 20's

Saturday: February 19, 7:30pm

Location: Fairfax High School

FEE: \$15 Adults, \$10 Seniors, Students Free

Music of the 1920's featuring a performance of Rhapsody in Blue with guest pianist Raffi Kasparian.

Springtime Pops: Celebrate Youth!

Saturday: May 14, 7:30pm

Location: Katherine Johnson MS

FEE: \$15 Adults, \$10 Seniors, Students Free

Featuring the Young Artist Competition winner.

MAIN STREET COMMUNITY BAND

Winter Celebration!

Sunday: February 27, 4pm

Location: Katherine Johnson MS

FEE: \$15 Adults, \$10 Seniors, Students Free
Competition winner.

The Joy of Spring!

Sunday: April 24, 4pm

Location: Sherwood Center

FEE: Free

SMALL ENSEMBLES

Small Ensemble Concert

Saturday: April 9, 7:30pm

Location: Fairfax High School

FEE: \$15 Adults, \$10 Seniors, Students Free

NORTHERN VIRGINIA YOUNG WINDS

Winter Concert

Sunday: February 20, 3pm

Location: Katherine Johnson MS

FEE: Free

Spring Concert

Sunday: May 15, 3pm

Location: Katherine Johnson MS

FEE: Free

FAIRFAX HIGH SCHOOL MUSIC

FAIRFAX BAND

fhsband.org

VBODA Assessment Preview

Tuesday: March 1, 7pm

Location: Fairfax High School

FEE: Free

Spring Band Concert

Sunday: May 15, 7pm

Location: Katherine Johnson MS

FEE: Free

FAIRFAX ORCHESTRA

Spring Band Concert

Tuesday, May 17, 7pm

Location: Katherine Johnson MS

FEE: Free

FAIRFAX CHOIRS

fxchorus.org

Fairfax Choirs Pre-Assessment Concert and Workshop

Tuesday: March 3, 7pm

Location: Fairfax High School

FEE: Free

Fairfax Chorus Spring Concert

Sunday: May 10, 7pm

Location: Fairfax High School

FEE: Free

FAIRFAX SYMPHONY ORCHESTRA

Saturday: April 23, 8pm

Location: Center for the Arts at George Mason

FEE: \$65, \$55, \$40, half-price for youth through Grade 12.

The Center for the Arts is proud to co-present a thrilling classical music program by the Fairfax Symphony Orchestra (FSO) featuring piano virtuoso Simone Dinnerstein. The evening will include the regional premiere of Robert Carl's White Heron, inspired by the birds of the Florida Keys, as well as Rachmaninoff's Symphony No. 2.

FRIDAY MORNING MUSIC CLUB

www.fmmc.org

3rd Thursday: 12noon

Jan 20

Feb 17

March 17

April 21

Location: Old Town Hall

FEE: Free

Free and open to the public. This series is presented by the Friday Morning Music Club, Inc., a community of music lovers and musicians dedicated to promoting classical music throughout the metropolitan area.

GEORGE MASON CENTER FOR THE ARTS

cfa.gmu.edu

PERFORMANCES:

Keyboard Conversations® with Jeffrey Siegel, Fantastic Fantasies

Sunday: January 23, 7pm

Location: Center for the Arts, Concert Hall at George Mason

FEE: \$75, \$60, \$45, half-price for youth through Grade 12.

Virtuoso pianist Jeffrey Siegel will guide you through the jaunty music of Bach, the improvisatory, unbound music of Mozart, Mendelssohn's "Last Rose of Summer", and Swedish composer Stenhammar's rhapsodic Fantasy. Learn the compelling stories behind each piece and then enjoy each work played in its entirety. An interactive question and answer session will conclude this program.

Kristin Chenoweth in Concert, For the Girls

Saturday: February 12, 8pm

Location: Center for the Arts at George Mason

FEE: \$125, \$85, \$65

In this much-anticipated concert of Broadway favorites, pop classics, and American standards, Chenoweth's cheerful personality and versatile range shine brighter than her star on the Hollywood Walk of Fame. Her latest album, For the Girls, is a compilation of hit songs made famous by women who inspired her, including Barbra Streisand, Judy Garland, Reba McEntire, Dolly Parton, and Linda Ronstadt. Don't miss this endearingly down to earth and comedic performer.

Ladysmith Black Mambazo

Sunday: February 27, 7pm

Location: Center for the Arts, Concert Hall at George Mason

FEE: \$55, \$47, \$33, half-price for youth through Grade 12.

Sharing a heartfelt message of love, peace, and harmony, Ladysmith Black Mambazo performs an uplifting concert showcasing traditional South African vocal styles. The group's richly harmonious vocals take inspiration from isicathamiya, a traditional music that developed in the mines of South Africa.

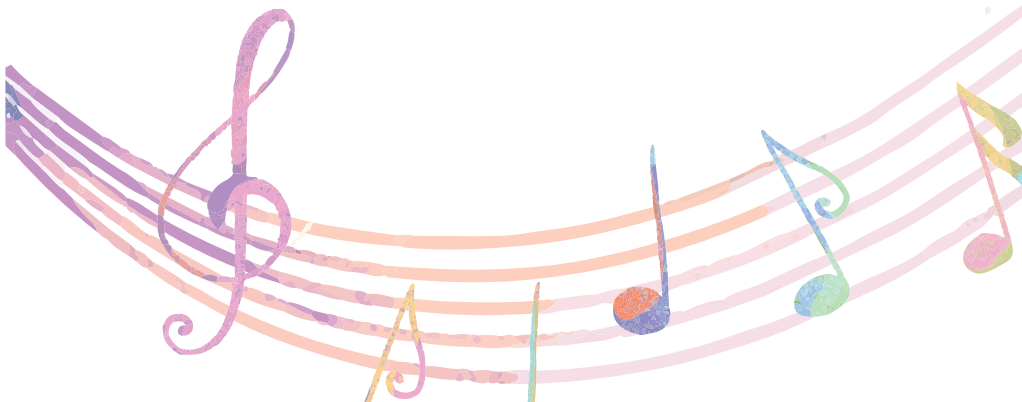
Lila Downs

Sunday: April 24, 7pm

Location: Center for the Arts, Concert Hall at George Mason

FEE: \$60, \$51, \$36, half-price for youth through Grade 12.

Whether it's a full-throated mariachi song, an achingly tender bolero, or sultry jazz tune, this GRAMMY Award-winning singer-songwriter draws audiences in with her unmistakable charisma and inspiring storytelling. Singing in Spanish, English, and several Native American languages, Downs is known for her impressive range and joyous performances with her longtime band.



Live Life in the Arts

MASON ARTIST-IN-RESIDENCE

Camille A. Brown & Dancers

Saturday: January 22 8pm

Location: Center for the Arts,
Concert Hall, at George Mason

FEE: \$46, \$39, \$28, half-price for
youth through Grade 12.

Description: Called "One of the most sought-after choreographers of her generation" by The New York Times, Camille A. Brown is reclaiming the cultural narratives of African-American identity through dance. Now, her Bessie Award-winning company, Camille A. Brown & Dancers take the stage at the Center for the Arts for the first time. In this performance, the company showcases both her choreography and artistic vision through a unique blend including modern, hip hop, African, ballet, and tap.

SWING OUT

Saturday: March 19, 8pm

Location: Center for the Arts,
Concert Hall at George Mason

FEE: \$50, \$43, \$30, half-price for
youth through Grade 12.

The fire, fight, and sheer joy of swing dance inhabits the Center for the Arts in Swing Out. Live music by Eyal Vilner's Big Band accompanies the dancing and choreography created by the acclaimed Caleb Teicher. Co-commissioned by the Center for the Arts, Swing Out is a full-length multidisciplinary work showcasing the Lindy Hop, a swing dance style born in 1930s Harlem.

Metropolitan Jazz Orchestra

Saturday: April 16, 8pm

Location: Center for the Arts,
Concert Hall at George Mason

FEE: \$46, \$39, \$28, half-price for
youth through Grade 12.

GRAMMY Award-winning composer, conductor, and Mason Artist-in-Residence Maria Schneider leads Northern Virginia's own Metropolitan Jazz Orchestra in a night of cool, expressive jazz. The evening's repertory includes instrumental excerpts from Winter Morning Walks, a set of song cycles composed by Schneider. Witness jazz perfection with NEA Jazz Master, Schneider, and the Metropolitan Jazz Orchestra, in this highly anticipated event.

FAMILY SERIES

Popovich Comedy Pet Theater

Saturday: Feb 19, 11am & 2pm

Location: Center for the Arts,
Concert Hall at George Mason

FEE: \$15 for adults; \$10 for
children

The whole family will be awe-struck by the juggling feats of Gregory Popovich along with the circus tricks of his adorable and spotlight-stealing furry and feathered friends. A fifth-generation circus performer, his act, voted the "Best Family Attraction in Las Vegas," gives his motley crew of more than 30 rescue animals, including dogs, cats, geese, doves, parrots, and even a Shetland pony, a whole new "leash" on life.



Enchantment Theatre Company presents, Harold and the Purple Crayon

Sunday, March 6, 1pm & 4pm

Location: Center for the Arts,
Concert Hall at George Mason

FEE: \$15 adults; \$10 children

Enchantment Theatre Company's production takes you on a wild ride as Harold jets to Mars, joins a circus, tames a lion, and rescues a princess in an enchanted castle. Combining life-size puppets, pantomime, dance, magic, and original music, Harold and the Purple Crayon will delight and amaze your audiences, from children to grandparents.

The 4 p.m. performance of Harold and the Purple Crayon will be sensory-friendly. These performances are designed to create a welcoming and comfortable arts experience for people with autism or other disabilities.



VIRGINIA OPERA

vaopera.org

Three Decembers

Saturday, February 5, 8pm

Sunday, February 6, 2pm

Location: Center for the Arts, Concert Hall at George Mason

FEE: \$110, \$70, \$40, half-price for youth through Grade 12.

Based on Tony Award-winning playwright Terrence McNally's unpublished play, *Some Christmas Letters*, the story follows Broadway Star Madeline Mitchell as she enters the twilight of her career and life. Madeline, estranged from her children Charlie and Bea, shares a secret she has kept, and over three Decembers in 1986, 1996, and 2006, more hidden truths are brought to light as they struggle to find their identities as part of a family and in their lives. Sung in English with English subtitles.

The Marriage of Figaro

Saturday, April 9, 8pm

Sunday, April 10, 2pm

Location: Center for the Arts, Concert Hall at George Mason

FEE: \$110, \$70, \$40, half-price for youth through Grade 12.

Mozart's beloved four-act comic opera, *The Marriage of Figaro*, is the kind of mad and frantic bedroom farce of which guilty (and not-so-guilty) pleasures are made. Full of scheming and wooing, flirting and folly, Figaro's hilarious and absurd twists and turns pile the outrageous on top of the scandalous to joyful effect. Conducted by Adam Turner with live music by the Richmond Symphony Orchestra and sung in Italian with English subtitles.

THEATRE

BETER SAID THAN DONE

www.betersaidthandone.com

Better Said Than Done – Virtual Show

Second Thursdays

Location: Virtual

FEE: Tickets at

www.betersaidthandone.com

Better Said Than Done – Virtual Show

Fourth Saturdays

Location: Auld Shebeen

FEE: Tickets, see website

Better Said Than Done's monthly shows feature a range of professional spoken word storytellers engaging audiences with funny, poignant, and unbelievable true stories on that month's theme. If you're looking for things to do or a great night out in the DC Metro area or Northern Virginia, Better Said Than Done is the show for you.



DANCE

NEXT REFLEX DANCE COMPANY

nextreflex.org

Flight

Saturday, 5pm

Apr 23 at Van Dyck Park

May 14 at Blenheim

May 28 at Ashby Pond

Location: See above for date and location

FEE: Free

"Flight" is A Migratory Performance Series, nestling art into the landscape of parks throughout The City of Fairfax. Each performance samples a taste of dance, movement, music and/or theater in a free and accessible environment. Grab a picnic blanket, chairs and dinner and enjoy an evening of art in the park.

SUNDAYS ON TAP

National Tap Day

Saturday, May 21, 11am

Location: Old Town Square

FEE: Tickets, see website

Join Sundays on TAP as we celebrate the American art form of tap dance on the birthday of Bill "Bojangles" Robinson, a Virginia native. We will have your hands clapping, toes tapping, and you'll walk away with a step or two to start you on your tap dance journey!



MAY 2022

fairfaxspotlight.org

Spotlight on the Arts is the catalyst for a well established arts, cultural and entertainment hub in the central Fairfax area

Spotlight on the Arts is sponsored by the City of Fairfax in cooperation with George Mason University and the business and arts community of Fairfax. "Spotlight" is considered one of Virginia's foremost arts festivals. Over its 35 year history it has continued to be committed to supporting and encouraging awareness of cultural opportunities in the greater Fairfax community.

Live Life in the Arts



GEORGE MASON CENTER FOR THE ARTS

Pilobolus, BIG FIVE OH!

Sunday, February 20, 7pm

Location: Center for the Arts, Concert Hall at George Mason

FEE: \$50, \$43, \$30, half-price for youth through Grade 12.

In their 50th anniversary celebration, Pilobolus turns their traditions sideways and brings its past into the future in a thoroughly engaging new way. Pieces range from Solo from the Empty Suit (1980), a comedic masterpiece highlighting the humor of the group, to Shadow piece (2007), an innovation of shadow theater initially performed at the 79th Academy Awards. From the vintage and visionary to the recent and electrifying, Pilobolus continues to wow audiences with its irresistible mix of wit, sensuality, and stunning physical acumen.

Mark Morris Dance Group

Saturday, February 26, 2pm & 8pm

Location: Center for the Arts, Concert Hall at George Mason

FEE: \$55, \$47, \$33, half-price for youth through Grade 12.

The ever innovative and compelling Mark Morris Dance Group is on every arts lover's must-see list. The performance opens on a playful note with Sport, followed by the passionate duet work Jenn and Spencer. Set to one of the most famous Baroque compositions, Bach's Brandenburg Concerto No. 1 in F major, rounds out the exuberant evening of dance created by "the most successful and influential choreographer alive" (The New York Times).

VISUAL ARTS

Arts Demo Day

Saturday, April 30, 10am-2pm

Location: Main Street Fairfax

FEE: Free

Join us for an engaging day with artists in Old Town Fairfax. Artists will be working live on Main Street, interacting with the public, and a variety of installation art will be on view. Sponsored by the Old Town Fairfax Business Association and City of Fairfax Commission on the Arts

FAIRFAX ART LEAGUE

Mon, Sept 6 – Labor Day

Thurs, Nov 11 – Veterans Day

Saturday, Feb 5, 11am-2pm

Location: Parking Lots in Old Town

FEE: Free

Watch FAL artists capture the magic and fun of the Chocolate Lover's Festival in their art. They will be sketching/drawing/painting at different points in the festival, and participating in the festivities, while creating their art.



Partner Sports

Fairfax Police Youth Club (FPYC), Fairfax Little League and HUSEL Youth Hockey operate independently of the City of Fairfax Parks and Recreation Department. Please note that the city doesn't control or guarantee the accuracy, relevance, timeliness or completeness of this information. Also, the inclusion of these groups isn't intended to endorse any views expressed or products or services offered by these organizations.

FPYC REGISTRATION

Register online—it's easy
at fpycsports.com
Walk-in registration is
held at the FPYC
Clubhouse at Providence
Park on select dates.
Visit FPYC's
website for details.

FPYC

BASKETBALL

Offers both house leagues for boys and girls, ages 7-18, and select teams of various ages for boys and girls to compete in the Fairfax County Youth Basketball League. The season begins in Dec. and Jan., with games every Sat. or Sun. through March, and practices one night a week.

FIELD HOCKEY

Registration is for girls and boys in grades 3-8 during the spring. Teams are formed by age and ability. Players learn the game in nine clinic-and-game-play sessions. Practices and scrimmages are held Sun. from 6:30-8:30pm.

FLAG FOOTBALL

Non-contact, recreational league open to all boys and girls ages 5 to 14. Fosters an "Everyone Plays" policy, children of all athletic abilities and experience are encouraged to participate. FPYC provides a fun environment while providing a platform for the growth and discipline that football requires. Through movement, decision making and reaction, your child will take part in this unique football experience.

FOOTBALL

The program is a member of the Fairfax County Youth Football League. Practices are held at Draper Drive Park beginning in late August. The season is eight weeks, with most games on Saturdays. The season kickoff is the Kopper Bowl.

IRISH FOOTBALL

FPYC Football is an easy-to-learn and very low-impact game (also known as Gaelic football) that mixes everything from soccer to volleyball to non-contact rugby. For boys and girls, grades K-12, the Sunday-only format (Sept-Nov) includes fun clinics and matches each week with certified coaches. Great for cross-training!

LACROSSE

Open to girls and boys, ages 7-15, regardless of experience. FPYC lacrosse is a spring sport with practices twice a week and games on Saturdays (boys) and Sundays (girls).

RUNNING/TRACK & FIELD

During the fall, the FPYC Cheetahs running program focuses on off-road distance running (1K to 5K). In the spring, the focus is on track and field, including sprints, distance running, jumps and throws. Practices are on Sundays, Tuesdays and Thursdays.

SOCCER

Team play (house and travel) for boys and girls, ages 3-18. Soccer plays two seasons, fall and spring. Both seasons consist of eight to 10 weeks of practices and Saturday (house) or Sunday (travel) games.

VOLLEYBALL

Runs in the fall and spring seasons. Teams vary from the elementary to high-school levels. We cover fundamentals and develop strong team-building skills. Scrimmages and matches are arranged within FPYC and neighboring organizations.

WRESTLING

Boys and girls ages 5-14 learn basic through advanced skills and techniques. Registration begins in September, and the season runs from November through February.

YOUTH CHALLENGED

Youth Challenged League provides an opportunity for mentally or physically challenged children and young adults to learn the games of soccer, basketball and lacrosse while participating in an organized sports program.

HUSEL FIELD HOCKEY

HUSEL Youth Hockey offers high performance field hockey training for elementary, middle school, and high school student-athletes. HUSEL has been honored as a USA Field Hockey National Club of the Year Finalist, 3x USA National Indoor Champion (U14, U16, U19), and 2020 Mid-Atlantic Champion. HUSEL athletes commit to play at some of the most prestigious colleges in the country. For more information, you can visit their website at huselsports.com

FAIRFAX LITTLE LEAGUE

Celebrating more than 60 years of providing young people the opportunity to participate in organized baseball in the Fairfax area. Little League baseball offers young people between 4 and 26 years of age a timeless team sport. Fairfax Little League comprise two separately chartered leagues—American and National—that work together under a single board of directors. Our divisions provide players appropriate level of play based on their age and skill: t-ball, minors, majors, intermediate, juniors, seniors, big and challenger.

www.FairfaxLL.com



Historical Fairfax



2021 Programs

2021 "CHRISTMAS IN CAMP AND MAKING DO AT HOME"

Sunday, December 5, 12-4pm

Location: The Civil War

Interpretive Center at Historic
Blenheim, 3610 Old Lee Highway

FEE: Free

Learn how soldiers and their loved ones at home celebrated Christmas during the Civil War. Meet the soldiers in camp, practice drilling techniques, and join in with a cease-fire exchange of gifts. Hear the voices of soldiers and civilians recall wartime holidays in a virtual program recorded in 2020. Take home packages with materials and instructions to create handmade Victorian ornaments will be available. Scouts and other groups must reserve a time for drills and house tours by calling 703-591-6728 or emailing andrea.loewenwarter@fairfaxva.gov

"SOUNDS OF THE SEASON AND GIFT SHOP SPECIALS"

Sunday, December 12, 2-4pm

Location: Fairfax Museum and
Visitor Center, 10209 Main Street

FEE: Free

Enjoy festive holiday music while you shop for gifts from stoneware mugs and pitchers, adult and children's books, candles, White House and Virginia ornaments, and more calling 703-385-8414.

Fairfax High School Carolers will perform from 2:30-3pm in the Museum.



NEW TRAVELING EXHIBITION OPEN THROUGH DECEMBER 30, 2021

Hours: 11am - 4pm

Location:
Fairfax Museum and
Visitor Center,
10209 Main Street

FEE: Free

Virginia's Forgotten Canneries tells the stories of the former commercial canneries and the colorful labels that wrapped the cans of peaches, corn, tomatoes, green beans, and other produce. Historic photographs and oral histories lend insight into the lives of the cannery workers. Exhibit is on loan from the Blue Ridge Institute in Ferrum, VA.

*Photo to right:
Women Peeling Tomatoes at the
H. L. Howard & Sons Cannery in the Elliston
community of Montgomery County, VA
(Blue Ridge Heritage Archives/Charlie Woods
Collection)*

2022 Programs

“UNCOVERING THE HISTORY OF MANTUA”

Sunday, January 9, 2pm

Location: Fairfax Museum and Visitor Center, 10209 Main Street

FEE: Free

Join author and historian Sue Kovach Shuman as she discusses her new book on Mantua, a mid-century suburb community with long historical roots. Book sales and signings will follow the talk.

“UNEQUAL ACCESS: SEGREGATION OF FAIRFAX COUNTY LIBRARIES”

Sunday, February 13, 3pm

Location: Fairfax Museum and Visitor Center, 10209 Main Street

FEE: Free

Fairfax County Public Library staff members Chris Barbuschak and Suzanne Lapierre will present their new research on the segregation of Fairfax County's public libraries.

Note: This program will begin at 3 p.m.

WOMEN'S HISTORY MONTH PROGRAM

March 11 - 13, 2pm

Location: Fairfax Museum and Visitor Center, 10209 Main Street

FEE: Free

Co-sponsored by the Office of Historic Resources and the Commission for Women.

Call: 703-385-8414 for updates and location.

Fairfax History Day

Saturday, April 23, 10am - 5pm

Location: The Civil War Interpretive Center at Historic Blenheim, 3610 Old Lee Highway

FEE: Free

Explore the nineteenth century life in Fairfax with living history presentations, exhibits, and historic tours. Enjoy period music, family activities, wagon rides, tours of the Historic Blenheim House and its Civil War Federal soldier graffiti, and much more!

Visit: www.fairfaxva.gov/government/historic-resources/fairfax-history-day in 2022 for information on tickets, parking, and event schedule.



OFFICE OF HISTORIC RESOURCES

The Office of Historic Resources (OHR) oversees the operation and management of city-owned historic properties, museums, and collections to ensure their preservation, promote public awareness, and to provide regional heritage tourism information.

OHR further offers a variety of monthly talks, special programs, tours, permanent and temporary exhibitions, and produces the annual Fairfax History Day.

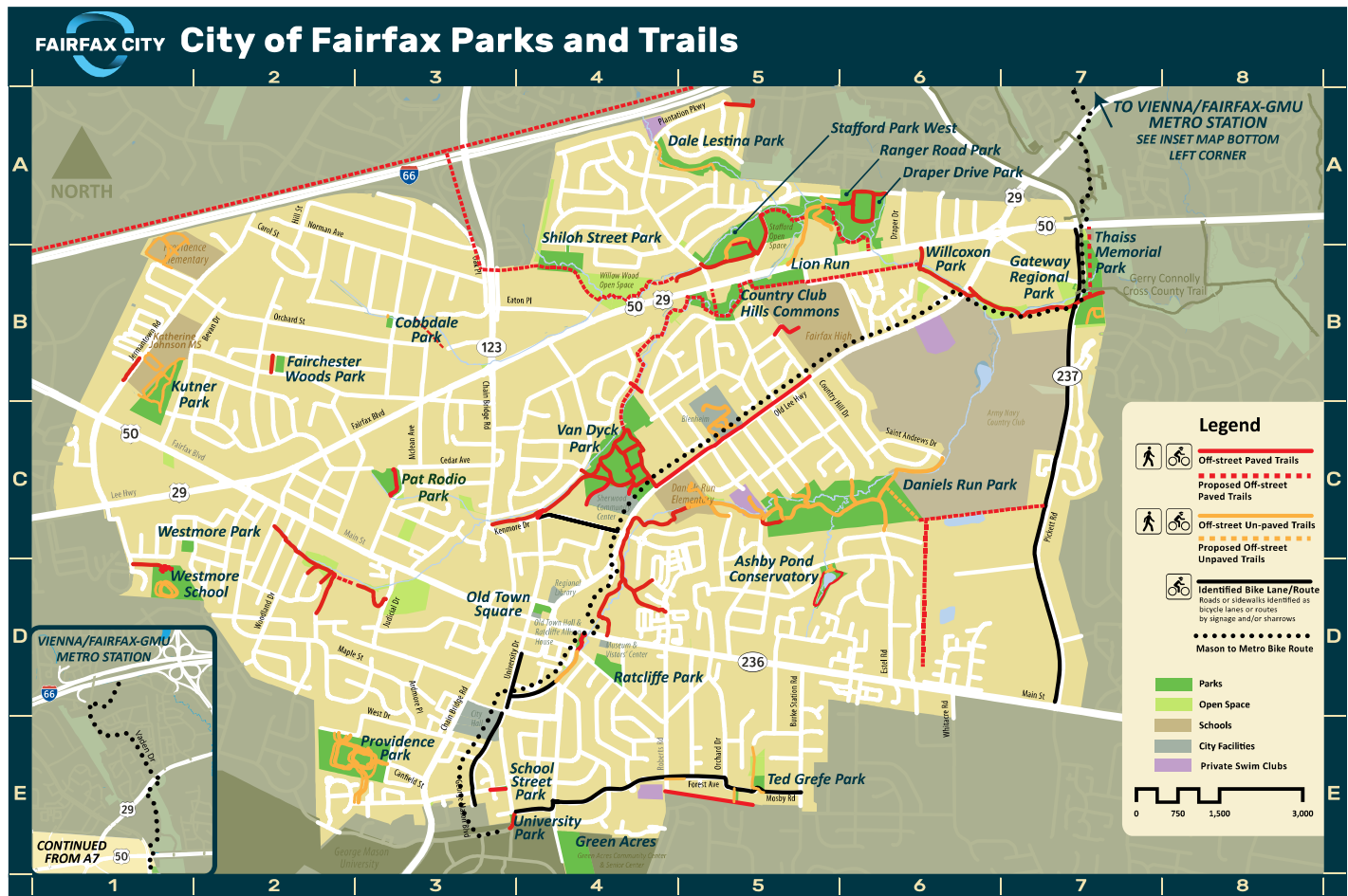
MORE HISTORIC FAIRFAX INFORMATION:

Website: fairfaxva.gov/government/historic-resources

Email: historicresources@fairfaxva.gov

Phone: 703.385.8414

Parks & Trails



PARK PAVILION RENTALS

Any time of the year is a perfect time to celebrate a special occasion at one of our park pavilions! Pavilion rentals are available year round from dawn to dusk.

To reserve a City of Fairfax park pavilion, visit fairfaxva.gov/parksrec, or email parksrec@fairfaxva.gov

RENTAL FEES

(all fees must be paid at the time of reservation)

Large Pavilion (8 tables; capacity of 60):
\$100 for 4 hours of use, \$15 for each additional hour

- **Providence Park**, 10715 West Drive
- **Van Dyck Park (Upper)**, 3720 Old Lee Highway

Small Pavilion (4 tables; capacity of 40):
\$75 for 4 hours of use, \$10 for each additional hour

- **Kutner Park**, 3901 Jermantown Road
- **Ratcliffe Park**, 10300 Sager Avenue
- **Van Dyck Park (Lower)**, 3720 Old Lee Highway
- **Westmore Park**, 4030 Fern Street

Find out more about reservations, refunds, and cancellations, at fairfaxva.gov/parksrec.

ATHLETIC FACILITIES

The City of Fairfax has many athletic amenities for use by the community. Some fields and gyms can be reserved through the City of Fairfax Parks and Recreation Department. This includes:

- Synthetic turf fields are located at Draper Drive Park (2), Stafford Drive Park (1) and Fairfax High School (1)
- Diamond/rectangular fields (various schools and parks)
- Gyms (which can be scheduled for volleyball, basketball, or other gatherings, located at Daniels Run Elementary, Providence Elementary, Lanier Middle School and Fairfax High School)

Prices vary depending on use. To apply for a facility use permit, download, complete and submit the appropriate application by visiting fairfaxva.gov/parksrec.

If you have any questions regarding registration or prices, please contact the Athletic Services Division at 703-220-5102 or 703-385-7893, Monday -Friday, 8:30am - 5pm, or email richard.wyant@fairfaxva.gov

Parks

	Map Quadrant	Parking Spaces	Restrooms/Portables	Ball Diamonds	Basketball Courts	Gardens	Pavilions	Picnic Tables	Playgrounds	Rectangular Fields	Skate Parks	Tennis Courts	Trails Paved (Miles)	Trails Unpaved (Miles)	Volleyball Courts
Ashby Pond Conservatory	6-D	2				1		2					0.07	0.31	
Autumn Woods Open Space	2-C												0.17		
Belle's Bird Sanctuary Park	4-C					1							0.03		
Cobbdale Park	3-B							4						0.01	
Country Club Hills Commons	5-B						1	5							
Dale Lestina Park	5-A								2	3				0.28	
Daniels Run Park	6-C							3	1				0.06	0.95	
Draper Drive Park	6-A	83	✓							2			0.42		
Fairchester Woods Park	2-B				0.5			3	1				0.06		
Gateway Regional Park (NVRPA)	7-B														
Judicial Drive Property	3-D													0.13	
Kenmore Drive Trail	4-C												0.14		
Kutner Park	2-B	34	✓			1	1	4	1	1		1		0.64	1
Old Town Square	3-D	43	✓			1									
Pat Rodio Park	3-C			2					1	1			0.11		
Providence Park	3-E	70	✓	4			1	9	2	1		2		0.77	
Ranger Road Park	6-A				1			2	1					0.26	
Ratcliffe Park	4-D		✓	1	1		1	4	2						
Rebel Run	5-B														
Sager Trail	4-D												0.08		
School Street Park	3-E												0.01		
Shiloh Street Natural Area	4-B														
Shiloh Street Park	4-B														
Stafford East	5-B														
Stafford Park West	5-B	52	✓						1	1			0.31	0.15	
Ted Grete Park	5-E													0.15	
Thaiss Memorial Park	7-B	71	✓	5			1	3	1				0.07	0.17	
University Park	4-E							2					0.05		
Van Dyck Park	4-C	89	✓		1		2	18	2		1	4	1.23		3
Westmore Park	2-D				2		1	4	1						
Westmore School Site & Dog Park	2-C			1	2				1				0.11	0.17	
Wilcoxon Park	6-B												0.39	0.25	
Willow Wood Open Space	4-B														

Facilities

City Hall (Main Office)	3-D	100	✓			1		3							
Green Acres Community Center & Senior Center	4-E	58	✓	1	1.5			8	1	1					
Historic Blenheim	5-C	34	✓											0.38	
Old Town Hall	4-D		✓			1									
Stacy C. Sherwood Community Center	4-C	77	✓												

Schools

Daniels Run Elementary School	5-C	105	✓	2	2			1	1				0.08	0.35	
Fairfax High School	5-B	811	✓	2				1		2					
Providence Elementary School	1-B	115	✓	3	2				1					0.57	
Katherine Johnson Middle School	1-B	136	✓							3			0.09	0.19	

GENERAL INFO & REGISTRATION INFORMATION

WINTER/SPRING REGISTRATION OPENS DECEMBER 6

HOW TO REGISTER:

1. **ONLINE:** 24 hours a day, fairfaxva.gov/ParksRec
2. **WALK-IN:** See below for office locations and hours
3. **MAIL-IN:** Use the form on page 43 or download registration form at fairfaxva.gov/parksrec and mail to
City of Fairfax Parks and Recreation,
10455 Armstrong St., Fairfax, VA 22030

PAYMENT METHODS ACCEPTED

- **CREDIT/DEBIT CARDS:**
American Express, Discover, MasterCard or Visa
- **CHECKS** (Payable to 'City of Fairfax')
- **CASH**

Payment must be made at the time of registration (unless otherwise specified). Assumption of Risk Waiver, found on registration form, must be signed by all participants at time of registration. Parent/legal guardian signature is required for participants under the age of 18 years.

FAIRFAX CITY REGISTRATION LOCATIONS

GENERAL INFORMATION:

All locations are:
Fairfax, VA 22030

Main Line: 703-385-7858
parksrec@fairfaxva.gov

Website:
fairfaxva.gov/parksrec

Stacy C. Sherwood Center 3740 Old Lee Highway

Office Hours:
Monday-Friday: 8:30am-8pm
Saturday: 9am-4pm
703-385-1695

City Hall 10455 Armstrong St. Suite 123

Office Hours:
Monday - Friday: 8:30am-5:00pm
703-385-7858

Green Acres Center 4401 Sideburn Road

Office Hours:
Monday-Friday: 8am-5pm
703-273-6090

Old Town Hall 3999 University Drive

Office Hours:
Currently closed for public hours.
Please call 703-385-7858 for
appointment

OFFICES CLOSED

Thurs, Nov 25 - Thanksgiving Day
Friday, Nov 26 - Day after Thanksgiving
Thurs, Dec 23 - Christmas Eve (Half Day)
Friday, Dec 24 - Christmas Day
Friday, Dec 31 - New Years Eve
Mon, Jan 17 - Martin Luther King Jr. Day
Mon, Feb 21 - Presidents Day

ADA

The City of Fairfax Parks and Recreation Dept. complies with the Americans with Disabilities Act (ADA), which prohibits discrimination on the basis of disability. The City of Fairfax Parks and Recreation Dept. will make reasonable accommodations in recreation programs to enable participation by an individual with a disability who meets essential eligibility requirements for that recreation program. The ADA requires that recreation programs offered by City of Fairfax Parks and Recreation Department be available in the most integrated setting appropriate for each individual.

INCLEMENT WEATHER

Please see our fairfaxva.gov/parksrec for inclement weather policy.

ADVERTISEMENTS

Advertisement in this publication does not express or imply the endorsement of a business or its products and services by the City of Fairfax Parks and Recreation Dept.

CODE OF CONDUCT

The City of Fairfax Parks and Recreation Department promotes an environment that is conducive to the recreation and enjoyment of all patrons utilizing the facilities, programs and events provided and requests participants and spectators to observe the Code of Conduct. Visit fairfaxva.gov/parksrec for more details.

BEHAVIOR POLICY

Parks and Recreation classes are to be enjoyed by all from youth through adults. Participants that continually disrupt the class experience for other class members will be asked to withdraw from the class. Refunds will be offered for the balance of classes.

NSF CHECKS

Checks returned for insufficient funds will be assessed an additional \$25 fee, and the check writer may be restricted from paying by check for future classes or trips.

PHOTO RELEASE

Participants in activities sponsored or co-sponsored by the Park and Recreation Department consent to the department's use of any photograph, in film, or videotape of the activity in any marketing or promotional materials.

FINANCIAL ASSISTANCE

City of Fairfax Parks and Recreation's goal is to have all government programs, services, classes and camps accessible to all residents. While anyone and everyone is welcome to take our classes/programs, only **Fairfax City** residents can qualify for fee reductions for classes and camps. These discounts are available on a sliding scale based on household income. Annual income verification is required. For more information, visit fairfaxva.gov/ParksRec/financialassistance.

REFUNDS

If a class is cancelled by the Parks and Recreation Department, the registrant will receive a full refund. A registrant requesting a refund for a class must complete the 'Refund Request Form' found at any of the Fairfax City Parks and Recreation offices or online at fairfaxva.gov/parksrec. The City of Fairfax Parks and Recreation Department reserves the right to accept or decline refund requests.

CITY OF FAIRFAX PARKS AND RECREATION DEPARTMENT



Administration Office
 10455 Armstrong Street Phone: 703-385-7858
 Fairfax, VA 22030 Fax: 703-246-6321
 www.fairfaxva.gov ParksRec@fairfaxva.gov

PARENT/GUARDIAN/PRIMARY HOUSEHOLD CONTACT INFORMATION

LAST NAME		FIRST NAME		HOUSEHOLD E-MAIL	
ADDRESS		CITY	STATE	ZIP	
() () ()	() () ()	() () ()	() () ()		
HOME PHONE		CELL PHONE		OTHER PHONE NUMBER	
EMERGENCY CONTACT NAME		RELATION	EMERGENCY CONTACT NUMBER	RELATION	

☐ CHECK IF YOU ARE A CITY OF FAIRFAX RESIDENT

PARTICIPANT'S LAST NAME	FIRST NAME	DATE OF BIRTH	SEX	GRADE	PROGRAM TITLE	SESSION	FEE

In consideration of the registrant being granted permission by the City of Fairfax, Virginia to participate in this program and associated activities. I hereby release the City of Fairfax, Virginia and its officers, employees, agents, and volunteers from any and all liability relating to or arising out of the registrant's participation. I authorize the City of Fairfax and its officials, employees, agents and volunteers, at any such person's discretion to administer emergency first aid treatment and at my expense to obtain the services of a physician(s) and/or rescue squad and authorize the same to effect such treatment of the registrant as they deem advisable. Participants in activities sponsored or cosponsored by the Park and Recreation Department consent to the department's use of any photograph, in film or videotape of the activity in any marketing or promotional materials. I further understand that Parks and Recreation classes are to be enjoyed by all from youth through adults. Participants that continually disrupt the class and/or program experience for others will be asked to withdraw from the class and/or program with expectation of a refund, if applicable, for the balance of the class/and or program.

PRINT NAME	DATE
PARTICIPANT/PARENT OR LEGAL GUARDIAN SIGNATURE (All participants over 18 years of age must sign this registration form.)	

PAYMENT METHOD <input type="checkbox"/> AmEx <input type="checkbox"/> Discover <input type="checkbox"/> MasterCard <input type="checkbox"/> Visa <input type="checkbox"/> Cash <input type="checkbox"/> Checks (Please make check payable to City of Fairfax.)		TOTAL FEE
CREDIT CARD OR CHECK NUMBER	EXP DATE	CSVSECURITY CODE

CARD SIGNATURE



Parks and Recreation

City Hall, 10455 Armstrong Street, Fairfax VA 22030
Phone: 703-385-7858 • fairfaxva.gov/parksrec



This catalog was printed on Forest Friendly Chorus
Are FSC certified paper with 25% recycled post-
consumer waste. The use of this environmentally
friendly paper saves the following:

Wood Use	3 trees
Total Energy	4 Million BTUs
Greenhouse Gases	402 lbs. CO ₂ eq.
Water	171 gallons
Total Waste	290 pounds



Mixed Sources
Performance Forest Management
Responsible Sourcing and
Production of Paper



CityFFXParksRec



CityFFXParksRec



CityFFXParksRec



CityFFXParksRec



CityofFairfaxVA

**FOR MORE INFORMATION
PLEASE VISIT:**
fairfaxva.gov/parksrec
or call 703-385-7858

WINTER/SPRING REGISTRATION OPENS DECEMBER 6

The banner features a light blue background with a wooden floor at the bottom. It includes illustrations of a soccer ball, a basketball, a baseball bat, a baseball, a hockey stick, and a hockey helmet. The text 'WINTER & SPRING SPORTS' is prominently displayed in large, blue, outlined letters. To the right, it says 'SEE PAGE 37 OF BROCHURE' in red. Below this, it states 'WINTER REGISTRATION NOW OPEN' and 'SPRING REGISTRATION COMING SOON' in blue. Logos for the Fairfax Police Youth Club, Fairfax Little League, and HUSL are also present.